

NEWS

The American College of Psychiatrists

WINTER 2024

From the President

Having recently returned from a Board meeting in Chicago, I'm happy to report that The College remains in excellent organizational and financial shape, with healthy reserves and a steady stream of revenue from dues, Annual Meeting registration, and PIPE and PRITE sales.

We also continue to attract new psychiatrists to the organization. At the meeting, the Board approved the admission of 33 New Members and the elevation of 12 existing Members to Fellowship status. These New Members and Fellows will be inducted and elevated at the 2025 Annual Meeting in Kauai.

The Board also ratified the recommendations of the PRITE and Laughlin Fellowship Selection Committees, welcoming 12 new Laughlin Fellows, two PRITE Fellows, and two CHILD PRITE Fellows to The College. We will recognize these worthy psychiatrists-in-training at the Annual Meeting.

Those of you affiliated with residency training programs know that fall is also PRITE and CHILD PRITE season. In late September and early October, 357 residency programs administered more than 9,600 PRITE exams to their psychiatry residents and fellows. In early December, 155 child psychiatry programs followed suit, administering over 1,100 CHILD PRITE exams to their fellows. The College continues to offer paper and electronic versions of the PRITE



and CHILD PRITE. This year, 173
PRITE programs and 84 CHILD PRITE
programs participated electronically.
The goal is to go fully electronic in the
coming years.

I also just returned from a final walkthrough of the Grand Hyatt Kauai in preparation for the Annual Meeting, February 19-23. I wrote at length about the program in the summer issue of this newsletter, so I'll leave you to peruse the schedule that can be found on pages 14-17 of this newsletter. However, I do want to call your attention to the Saturday morning awards session and the 2025 awardees who will be delivering plenary lectures: Kamaldeep Bhui, the 2025 Honorary Fellow; Lynn E. DeLisi, recipient of the Dean Award for Research in Schizophrenia; Vincenzo Di Nicola, recipient of the Leadership in Child, Adolescent and Young Adult Psychiatry Award; Benoit Mulsant, recipient of the Award for Research in Geriatric Psychiatry; Carlos Zarate, recipient of

continued on page 2

Best wishes for a happy, healthy holiday. I look forward to seeing you in Kauai in February!



In This Issue

President's Message 1-2
Executive Director's Message 3
Annual Meeting Charitable Drganizations4-5
Award Recipients 6-9
Laughlin Fellows 10
PRITE Fellows11
Awards Special Mention 12-13
Annual Meeting Schedule 14-18
Registration Form
Change of Address Form 21



THE AMERICAN COLLEGE OF PSYCHIATRISTS

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continued from page 1



October 2024 Board of Regents Meeting, Chicago, Illinois

the Mood Disorders Award; and the University of Colorado, recipient of the Award for Creativity in Psychiatric Education. You may learn more about all of the awardees on pages <u>6-9</u>.

Lastly, I'm happy to report that we have identified some charitable local organizations in Kauai dedicated to community mental health. We have provided information about these groups later in this newsletter on pages <u>4-5</u>. I encourage you to take a look and, if you feel inspired, please consider supporting them either now or during the Annual Meeting.

Best wishes for a happy, healthy holiday. I look forward to seeing you in Kauai in February!

Morey A. Fragers, M.D.

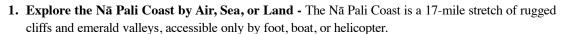
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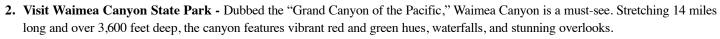
From the Executive Director

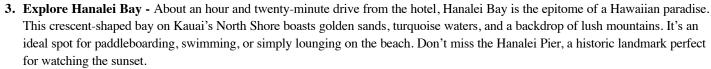
Discover the Best of Kauai, Hawaii: A Paradise Worth Exploring

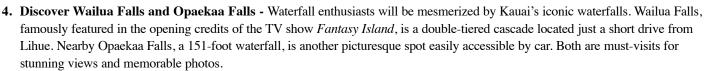
I just returned from a final pre-meeting visit to the Grand Hyatt Kauai with College President George Keepers and our Meeting Planner, Cherylyn Marks. The hotel is even lovelier than I remember it being from our last meeting there in 2013, with amazing restaurants, a beautiful beach, a one-of-a-kind saltwater lagoon, sparkling pools, and tranquil gardens.

But the real star of the show is the island of Kauai, itself. Often referred to as the "Garden Isle," Kauai is a Hawaiian gem known for its lush landscapes, dramatic cliffs, and pristine beaches. Whether you're a first-time visitor or returning to bask in its charm, here are some of the top things to do in Kauai.









- 5. Snorkel at Poipu Beach Poipu Beach, located on Kauai's South Shore, is a haven for snorkelers and marine life enthusiasts. The beach's crystal-clear waters are home to colorful fish, sea turtles, and even the occasional Hawaiian monk seal. With its calm conditions, it's perfect for families and novice snorkelers alike. Nearby shops and restaurants add to the convenience of a day spent at this idyllic beach.
- **6. Take a Boat Tour of Fern Grotto -** Fern Grotto is a lush, fern-covered cave accessible via a boat ride along the Wailua River. This serene spot is steeped in Hawaiian tradition and often serves as a romantic venue for weddings. Visitors can enjoy a short hike, a peaceful boat ride, and live performances of Hawaiian music along the way.
- 7. Indulge in Local Cuisine No trip to Kauai is complete without savoring the island's culinary delights. Try a plate of poke, fresh fish tacos, or the beloved Hawaiian loco moco. Don't miss shave ice, a sweet treat perfect for a sunny day. I especially liked the lime and coconut shave ice at Fresh Shave, a top-rated establishment in Old Koloa Town.
- **8. Explore Kauai's Botanical Gardens -** Kauai's rich flora is showcased in its beautiful botanical gardens, such as the Allerton Garden and McBryde Garden. These gardens feature rare tropical plants, dramatic landscapes, and guided tours that delve into the island's natural history. Be sure to book in advance, as garden tours require a reservation.
- **9. Shopping -** Enjoy some retail therapy during your stay on Kauai. Old Koloa Town (three miles from the hotel) boasts numerous quaint shops and restaurants on the site of Hawaii's first successful sugar mill. Even closer, the Shops at Kukui'ula offer everything from beachwear to spa products and gifts. For a more artisanal shopping experience, check out Warehouse 3540 in Kalaheo, housed in a former pineapple canning factory.

We'll follow up with meeting registrants in January with a local dining guide and other important information about the Annual Meeting. We'll also have a dedicated concierge on site to help with restaurant reservations and booking excursions. You may also reach out to the concierge at *grandhyattkauai@bluehawaiian.com* or 808-240-6456.

In the meantime, I wish you and your family the happiest of holidays.

Craig Samuels
Executive Director

Craig Samuels

Program Committee Identifies Organizations Promoting Community Mental Health in Hawaii

In keeping with our Annual Meeting location, and the Aloha spirit, The College is pleased to feature the following charitable organizations that further mental health in Hawaii. We hope you'll consider supporting one or more of these worthy causes.

HALE 'OPIO KAUA'I https://haleopio.org/

Hale 'Ōpio is an organization whose mission is dedicated to improving young people's quality of life, enhancing a sense of belonging, increasing self-awareness, and strengthening 'Ohana by providing residential and community programs for education, prevention, court diversion, and treatment.

Hale 'Ōpio has introduced a variety of programs benefiting youth and families over the years: Therapeutic Family Homes, Kapa'a High School Health Center, DHS Multidisciplinary Team Services, TeenLine (now TeenLink), Intensive Home Based Services, Crisis Shelter Services, Kaua'i Teen Court, Victim Impact Classes, Truancy Prevention/Intervention, Intensive Assessment and Case Management and Family Conferencing.

Hale 'Ōpio is a founding member of the Hawai'i Youth Services Network (1981) and the Hawai'i Association for Non-Profit Organizations (2002), and the only local organization nationally accredited by the Council on Accreditation (since 1999).

Currently, Hale 'Ōpio offers over twenty programs to 500 youth annually to achieve its mission. Programs proven to develop youth competencies, strengthen family bonds, divert from the justice system, connect to education, prepare for self-sufficiency, and teach wise lifestyles are provided across the island.

Hale 'Ōpio also works with those who have experienced the trauma of disrupted families, including the poor. Imua Kakou offers youth who exited foster care at 18 the opportunity for continued adult support and encouragement while learning to navigate the world of adult responsibilities; employment, housing, healthy relationships, education, health care, and community connections.

LIFE'S BRIDGES https://www.lifesbridgeshawaii.org/

Bereavement care is the foundation of the programs at Life's Bridges, and is offered through one-on-one support, family support or through community referrals. Community outreach and education is an important component of its services, and the organization strives to educate the community on death, the powers of grief and the healing process.

In addition, Life's Bridges takes on an active role in suicide prevention by offering workshops and speaking engagements in an effort to create a suicide free community.

Its programs include:

- B.E.S.T. (Bridges Emergency Support Team): Upon notification of a sudden, traumatic, or accidental death on Kaua'i, the Bridges Emergency Support Team (B.E.S.T.) is dispatched through the coordinated efforts of the Kaua'i Police Department, Kaua'i Fire Department, KVMH, Mahelona and Wilcox Hospital departments. Volunteers are trained to meet the special needs of families in crisis by assisting with the practical and logistical needs while providing essential emotional support. Our specially trained volunteers are on-call 24 hours a day/7 days a week and can be reached by calling (808) 651-6637.
- Good Grief Club is a school-based peer support group that meets the needs of grieving children. The group is provided in a safe and familiar environment and is designed for grades K through 5th. Through the use of art, children learn about grief and ways to cope.
- KLAS (Kauai Leaders Against Suicide): To meet the needs of teens at risk, Life's Bridges started the first ever teen education and
 peer support leadership group. KLAS is a group of dedicated youth who are committed to training their peers to recognize those at
 risk for suicide and where to turn for help. They build on their strength and resilience.

KAUA'I MENTAL HEALTH ADVOCATES https://www.kauaimha.org/

The Kaua'i Mental Health Advocates work to destignatize the issues surrounding mental health through engaging community events, education, and resource sharing. Known for its grassroots work in the communities of Kauai hosting and facilitating community-based forums known as Community Conversations and a semi-annual Healing Mental Health Art Show, these talkstory events ensure that residents have an opportunity to come together and experience healing through community counseling.

KMHA is also growing as a lead mental health professional-development educational resource, with facilitative certifications in Applied Suicide Intervention Skills Training (ASIST), Youth Mental Health First Aid (YMHFA), and a youth-based Anti-Bullying and Suicide Prevention training.

As participants on the Prevent Suicide Kauai Task Force, The Kauai Resiliency Project, and other local mental health initiatives, KMHA emphasizes the value of community building on Kauai and throughout Hawaii.

KMHA co-facilitates training workshops in order to pursue its mission through preventative, upstream work. These workshops include: Applied Suicide Intervention Skills Training (ASIST); Youth Mental Health First Aid (YMHFA); and Anti-Bullying and Suicide Prevention. KMHA also offers direct interventive mental health counseling services including individualized and family therapy, and when having capacity, group therapy.

NAMI-KAUAI https://kauai.namihawaii.org/

NAMI Kauai's mission is to advocate for a life of quality and dignity by providing education, resources and emotional support to families and those affected by mental illness (brain disorders). NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Kauai is an affiliate of NAMI Hawaii. NAMI Kauai and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

KŪKULU KUMUHANA O ANAHOLA https://www.kkoa.org/

A nonprofit organization dedicated to providing safe places and spaces to deter suicide by building life skills to strengthen one's identity through Hawaiian values, empowering individuals to manage their future successfully, and establishing a healthy, sustainable, thriving Hawaiian community. The organization's guiding principles are that suicide can be prevented by trusting in the Paipala Hemolele (Holy Bible), remembering cultural values and traditions, strengthening the 'ohana through initiatives like the Agricultural Community Garden and Youth Center called Ulupono Anahola, providing suicide prevention training, and actively participating in community discussions to bring about positive changes.

The organization envisions a thriving Hawaiian community free to express its authentic selves by encouraging the arts, both cultural and modern; utilizing new technologies to enhance the old; and establishing and managing a healthy and sustainable way of living.

KKOA provides training classes for suicide prevention, hosts educational series for students and the community, holds events like outdoor movie nights, and provides essential support during times of crisis such as the Covid lockdown. Efforts have resulted in tangible outcomes, including mobilizing teams to deliver thousands of meals and USDA/CSA boxes, partnering with organizations like Nourish Kaua'i to provide meal kits to the elderly, and securing licenses and completing assessments for community projects.

FRIENDSHIP CLUB KAUAI (CLUBHOUSE) https://friendshipclubkauai.org/

A major focus at Friendship House is assisting members with returning to work. The work of a Clubhouse is organized into two prevocational work units: Communications and food service. Members choose which unit they would like to help with and while working in these units, gain or regaining the skills and self-confidence they need to pursue their goals in employment, education and independent living. Members and staff in both work units share in the responsibility of maintaining the House's property and garden area. Other tasks include mowing, trimming hedges, planting, watering, gardening and weeding.

COLLEGE ANNOUNCES 2025 AWARD RECIPIENTS

Awards Honor Leaders in Mental Healthcare

The American College of Psychiatrists has announced the recipients of its 2025 awards, which will be presented at The College's Annual Meeting in Kauai during the awards session on Saturday, February 22, 2025. The awards recognize those mental health professionals responsible for advancing psychiatry through their service, research, clinical work, and educational activities.



Maria A. Oquendo, MD, PhD, Receives the Distinguished Service Award

The Distinguished Service Award recognizes significant achievements and leadership in the field of psychiatry. Dr. Maria Oquendo is Ruth Meltzer Professor and Chairman of Psychiatry at University of Pennsylvania and Psychiatrist-in-Chief of University of

Pennsylvania's Health System. A summa cum laude graduate of Tufts, she attended Medical School at Columbia University. After residency at Payne Whitney Clinic, Weil-Cornell, she served as Professor of Psychiatry and Vice Chairman for Education at Columbia. In 2017, she was elected to the National Academy of Medicine.

Dr. Oquendo has used Positron Emission Tomography and Magnetic Resonance Imaging to map brain abnormalities in mood disorders and suicidal behavior. Continuously funded by the NIH since 1999, she is Principal Investigator of the NIMH-funded INSPIRE Center for Suicide Prevention, the first in the country. Her expertise ranges from psychopharmacology to Global Mental Health, has more than 500 publications and is widely cited (Google Scholar: H-index 122, citations: 54,962).

Dr. Oquendo was President of the American Psychiatric Association (APA), the International Academy of Suicide Research, the American College of Neuropsychopharmacology (ACNP), the American Foundation for Suicide Prevention's Board of Directors and Vice President of the College of International Neuropsychopharmacology. She served on the National Institute of Mental Health's Advisory Council. She is a Fellow of the ACNP, ACP, and APA. Dr. Oquendo is on Tufts University's Board of Trustees, served on its Executive Committee and chaired Tufts' Academic Affairs Committee. In May 2024, the APA Board appointed her Chair of the Future of DSM Strategic Committee.

A recipient of multiple awards in the US, Europe and South America, her most recent, salient awards include the Virginia Kneeland Award for Distinguished Women in Medicine (Columbia University 2016), the Award for Mood Disorders Research (ACP 2017), the Research Award (APA 2018), the Dolores Shockley Award (ACNP 2018), the Alexander

Glassman Award (Columbia University 2021), the Senior Investigator Klerman Award (Depression and Bipolar Support Alliance 2021) and the Judd Marmor Award (APA 2024).



The College Names Elizabeth Kieff, MD, Recipient of the Bowis Award

Each year, The College presents the Bowis Award to a Member or Fellow who has played an important leadership role in the organization. Dr. Elizabeth Kieff is a faculty member of the MacLean Center for Clinical Medical Ethics at the University of Chicago and

a Co-Founder of Emerging Health and Wellness, a private practice. Clinically, she is an emerging adult psychiatrist who treats Mood and Anxiety disorders with a special focus on treating individuals with Obsessive Compulsive Disorder. Dr. Kieff completed her undergraduate and graduate medical educations at the University of Chicago where she also completed Fellowships in Medical Education and Clinical Medical Ethics. She speaks widely on issues of authenticity and identity formation, work-life balance, wellness, and physician burnout. Previously, Dr. Kieff was an Assistant Professor of Psychiatry and Behavioral Neuroscience at the University of Chicago, the Assistant Dean for Student Affairs, Rowley Society Head and Director of Wellness Programs in the Pritzker School of Medicine. She is the recipient of multiple teaching awards and is a member of the Alpha Omega Alpha Honor Society, Gold Humanism Society and is a Fellow of The American College of Psychiatrists.

Dr. Kieff joined The College in 2015 and became a Fellow in 2024. She joined the Laughlin Fellowship Committee in 2019, and soon after became Chair, quickly distinguishing herself as an exemplar of leadership and service in the role. Dr. Kieff has fostered the Committee and taken it to new heights. This comes through clearly through her implementation of a leadership curriculum for fellows, including multiple virtual sessions and expanded programming at the meeting; inviting prominent psychiatrists to speak at both the virtual meetings and in-person; and expanding the offerings at the Annual Meeting itself to both current and prior Laughlin members and early career psychiatrists. The "secret sauce" of her leadership is that she excels in bringing people together.

Laughlin Fellow Dr. Avani Patel has this to say about the Laughlin Fellowship Committee Chair: "As Dr. Kieff's mentee, I have had the privilege of witnessing firsthand her profound impact on both her mentees and the fellowship as a whole. Dr. Kieff embodies the qualities of an outstanding mentor. She truly cares for the fellowship and has made it such a memorable experience for all the fellows, including myself."

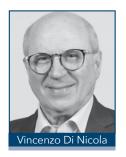


Kamaldeep Bhui, CBE, MD, Named Honorary Fellow in The College

The American College of Psychiatrists awards Honorary Fellowships in The College to distinguished professionals who have made significant scientific and clinical contributions to the field of psychiatry. Kamaldeep Bhui CBE is Professor of Psychiatry, University

of Oxford and Honorary Consultant Psychiatrist at East London NHS FT and Oxford Health NHS FT. He leads the CHIMES Collaborative at University of Oxford, integrating creative arts, social sciences, psychiatric, and lived experience perspectives in mental health care and research. Professor Bhui is currently investigating the role of adverse childhood experiences in mental health trajectories, experience-based methods to co-design interventions to reduce the use of the mental health act, and the complex systems and syndemic drivers of multiple morbidities in psychoses. He is a Trustee at Centre for Mental Health and ThinkAhead, and a clinical academic advisor to UKHSA. Professor Bhui is the former Public Health Lead and Chair of the Publications Management Board at Royal College of Psychiatrists, and former Editor in Chief of the British Journal of Psychiatry.

Professor Bhui studied Pharmacology (BSc) at UCL and Medicine (MBBS) at United Medical and Dental Schools of Guys and St Thomas' (now King's College) qualifying in 1988, and holds postgraduate qualifications in psychiatry, mental health studies, epidemiology, and psychotherapy. He completed clinical training in London, secured a first Consultant appointment in 1999, followed in 2000 and 2003 by Consultant/Senior Lecturer and Consultant/ Professorial posts in East London Foundation Trust and Queen Mary University of London. Professor Bhui trained as a psychoanalytic psychotherapist, and worked in medical psychotherapy as well as adult psychiatry in the NHS. He has a long-standing interest in preventing health ethnic inequalities in the experience and outcome of mental illnesses, improving health services, public health interventions, and appropriate health policy.



Vincenzo Di Nicola, MPhil, MD, PhD, Receives the Award for Leadership in Child, Adolescent and Young Adult Psychiatry

The Award for Leadership in Child, Adolescent and Young Adult Psychiatry recognizes practitioners who stand out as leaders among their peers and whose body of work to date has

had a substantial impact on the field of child, adolescent and young adult psychiatry. Dr. Vincenzo Di Nicola is an interdisciplinary scholar trained in social science, medicine, and the humanities. First, in psychology at McGill University and the Institute of Psychiatry in London, UK, then in medicine at McMaster University, his postgraduate medical training combined specialties in pediatrics and psychiatry and a fellowship in family therapy at McGill, followed by subspecialty training in child psychiatry with a clinical fellowship in child & adolescent psychopharmacology at the University of Ottawa. Dr. Di Nicola's studies in trauma led to postgraduate work at the Harvard Program for Refugee Trauma where he later taught, followed by doctoral research in philosophy and psychiatry, leading to his doctoral dissertation, Trauma and Event. His work has been at the intersection of children, families, and culture, with a focus on trauma.

Dr. Di Nicola is a tenured Full Professor, Department of Psychiatry & Addiction Medicine at the University of Montreal; Clinical Professor, Department of Psychiatry & Behavioral Health at The George Washington University; and Honorary Chair and Professor of Social Psychiatry, Milan School of Medicine, Ambrosiana University, Milan, Italy. Other distinctions include: Distinguished Life Fellow, American Psychiatric Association (APA); Co-Founder and Past Chair, APA Caucus on Global Mental Health & Psychiatry; International Distinguished Member, Bulgarian Academy of Sciences & Arts; Distinguished Fellow, Canadian Psychiatric Association; partner of the Collaborating Centre for Values-based Practice in Health and Social Services at St. Catherine's College, Oxford University; and Fellow-Elect of the American College of Psychiatrists. He is Founder & President of the Canadian Association of Social Psychiatry, Honorary Fellow and President of the World Association of Social Psychiatry, and a Fellow of the Canadian Academy of Health Sciences. His prizes and awards include the APA Distinguished Service Award and awards from the Canadian Academy of Child and Adolescent Psychiatry and the American Academy of Child and Adolescent Psychiatry.





The Award for Creativity in **Psychiatric Education Presented to University of Colorado**

The problem of how to navigate worklife balance as physicians is most apparent when one becomes a new parent. In response to this need, the team at the University of Colorado School of Medicine created a New Parent virtual elective for postgraduate trainees during the last four weeks of family leave, focusing on the transformation of parental learning time into a time of professional learning as well. Rotation objectives include: (1) to harness synaptic plasticity and enthusiasm associated with becoming a new parent to teach salient content

regarding the clinical neuroscience of parenting and perinatal psychiatry; (2) to give the new parent-trainee the chance to better encode these materials via experiential and affective learning processes occurring during this developmentally sensitive period; and (3) to increase equity for parents through flexible programming which both allows for critical learning and which mitigates the current US policies on family leave, which lag far behind other industrialized countries.

The initial seven modules covered topics including clinical neuroscience of parenting and perinatal psychiatry, from which trainees choose their own learning pathway. Subsequently the team created a freely available new parent curriculum and case conference for NNCI Brain Course that was implemented in 2021-2022. Utilizing a synchronous/ asynchronous learning approach, trainees engage with materials in preparation for a virtual supervision session with a faculty preceptor for each module.

The elective team includes several individuals who became parents during training. Recognizing the unmet need at their own institution inspired them to perform a national needs assessment regarding leave policies for trainees. This data will inform further expansion of their program, while suggesting innovative and equitable solutions for residents and fellows nationally, while promoting a sense of community during this vulnerable transition—both for trainees who become or do not become parents while in training.



The College Names Lynn E. DeLisi, MD, Recipient of the Stanley Dean Research Award

The Stanley Dean Research Award honors an individual who has had a major impact on the diagnosis and treatment of schizophrenic disorders. Dr. Lynn E. DeLisi is currently an adult psychiatrist at the Cambridge

Healthcare Alliance (CHA) in Cambridge, MA, Director of the 1st episode psychosis program, called Recovery in Shared Experiences (RISE), Vice-Chair for Faculty Affairs and development for the Harvard Medical School Department of Psychiatry at CHA, and Professor of Psychiatry, as well as Editor-in-Chief of the journal Psychiatry Research. Her current clinical position and research are focused on 1st episode psychosis and people at high risk for schizophrenia and its treatment, a topic that has been part of her research for close to 40 years.

Dr. DeLisi's undergraduate degree is in zoology from The University of Wisconsin, and MD from the Medical College of Pennsylvania. She completed a residency in psychiatry at Saint Elizabeths Hospital in Washington, DC and a postdoctoral fellowship, followed by a full-time staff research psychiatrist appointment in the NIMH Intramural Research Program. Dr. DeLisi left NIMH to assume a professorship at The State University of New York at Stony Brook where she set up several research programs on the longitudinal biological outcome of 1st episodes of schizophrenia, emphasizing both brain imaging and genetic studies. During this time she was the first to conduct a longitudinal controlled MRI study that showed progressive brain change in schizophrenia and was a pioneer in developing an international collaboration for ascertainment of families with multiple members having schizophrenia to participate in molecular genetic studies. Dr. DeLisi completed a large international first-generation linkage study of schizophrenia on a cohort of over 300 families whom she personally evaluated and continued her molecular genetic work on through to the present, finding unique mutations associated with schizophrenia in multiplex families.

Dr. DeLisi is a Fellow of the American College of Neuropsychopharmacology(ACNP) and of the American Association for the Advancement of Science (AAAS). She received the Ming Tsuang Lifetime Achievement Award for her work in psychiatric genetics in 2020, and the Schizophrenia International Research Society Lifetime Achievement Award in 2022.



Benoit Mulsant, MD, MS, Named Recipient of Award for the Research in Geriatric Psychiatry

The Award for Research in Geriatric Psychiatry honors an individual who has made major contributions to the field of geropsychiatry. Dr. Benoit Mulsant is a Professor and the Labatt Family Chair of the Department of Psychiatry at the

Temerty Faculty of Medicine of the University of Toronto, where he also holds the Labatt Family Chair in Biology of Depression in Late-Life Adults. He is an Adjunct Professor of Psychiatry at the University of Pittsburgh, and a Senior Scientist at the Centre for Addiction and Mental Health (CAMH), Toronto.

Dr. Mulsant earned his MD from Laval University, Quebec in 1984; he completed his internship in internal medicine and neurology at McGill University in 1985, and his residency in psychiatry at the University of Pittsburgh in 1990. Dr. Mulsant also completed a post-doctoral fellowship and an interdisciplinary MS in Artificial Intelligence in Medicine at Carnegie-Mellon University (1989). He is a Fellow of the Royal College of Physicians and Surgeons of Canada; a Diplomate in Psychiatry, American Board of Psychiatry and Neurology; and a Distinguished Life Fellow of the American Psychiatric Association and of the American Association for Geriatric Psychiatry. Dr. Mulsant has been listed in Best Doctors in America and Best Doctors in Canada.

Over the past 30+ years, Dr. Mulsant has been an investigator on grants with funding totaling more than \$190M in direct costs (including \$74M as principal investigator or team leader, and \$32M as a co-principal investigator). He has authored and co-authored more than 680 peer-reviewed articles (and 67 book chapters and invited publications). His publications (including some in the New England Journal of Medicine, Lancet, and JAMA) have resulted in more than 52,000 citations and an h-index of 112. As an educator, Dr. Mulsant has successfully mentored several generations of academic psychiatrists (including five current chairs of academic departments).



Carlos A. Zarate, MD, Selected as Recipient of Award for Research in Mood Disorders

The Award for Research in Mood Disorders is given to an individual who has advanced the understanding and treatment of depression and bipolar disorder. Dr. Carlos A. Zarate is an NIH Distinguished Investigator and Chief of

the Experimental Therapeutics and Pathophysiology Branch and of the Section on the Neurobiology and Treatment of Mood Disorders, Division of Intramural Research, NIMH, and Clinical Professor of Psychiatry and Behavioral Sciences, George Washington University. He completed his residency training in psychiatry at the Massachusetts Mental Health Center/Brockton VAMC division. From 1998 to 2000, Dr. Zarate was Chief of the Bipolar and Psychotic Disorders Program at the University of Massachusetts Medical School. In 2001, he joined the Intramural Research Program at the NIMH, where his research focuses on the pathophysiology and development of novel therapeutics for treatment-resistant mood disorders and suicide as well as the study of biomarkers and neural correlates of treatment response. In 2020, he was elected to the National Academy of Medicine.

Dr. Zarate's many awards include Ethel-DuPont Warren and Livingston Awards, Harvard Medical School (1993-1994); NARSAD Young Investigator (1996-1999) and Independent Investigator (2005-2008) Awards; NIH Director's Scientific/ Medical awards (2007, 2013, 2020) as well as Director's Awards from the NIMH (2009), NIDA (2022), and NCATS (2024); a BBRF Award for Bipolar Mood Disorder Research (2011); the Mogens Schou Research Award (2013); the APA Simon-Bolivar Award (2015); the NIH Ruth L. Kirschtein Mentoring Award (2015); the ACNP Dolores Shockley Minority Mentoring Award (2019); the Wagner-Jauregg Medal (2020); the Gerald L. Klerman Senior Investigator Award (2021); the 16th annual Philip S. Chen, Jr. PhD Distinguished Lecture on Innovation and Technology Transfer (2023); and election to the rank of Fellow, National Academy of Inventors (2024). Dr. Zarate is a Fellow and Past President of ACNP; Council Member of The International College of Neuropsychopharmacology (CINP); member of the Board of Directors, American Society of Clinical Psychopharmacology (ASCP); and member of the Society of Biological Psychiatry and the Society for Neuroscience.

THE AMERICAN COLLEGE OF PSYCHIATRISTS SELECTS 2025 LAUGHLIN FELLOWS:

Program Honors Top Psychiatry Residents, Future Leaders

The American College of Psychiatrists has announced the 2025 recipients of its prestigious Laughlin Fellowship.

Named after College founder, Henry P. Laughlin, M.D., the Fellowship program was launched in 1976 to recognize outstanding accomplishments by psychiatry residents in the United States and Canada. Each year, The College selects 12 residents deemed most likely to make a significant future contribution to the field of psychiatry. The College provides a stipend for the Laughlin Fellows to attend The College's Annual Meeting and participate in all educational functions, allowing them to interact with College Members, as well as their peers in other residency programs.

Elizabeth Kieff, M.D., Chair of the Laughlin Fellowship Selection Committee said, "We are thrilled to have this cohort of exceptional Fellows to add to the conversation and enrichment of their peers and to The College. They bring a wealth of life experiences, interests, and achievements to their impressive work in our field. We hope you will take the time to meet and get to know them over the next two years. I'm deeply appreciative of the time, effort, and thoughtful approach of the members of the Laughlin Fellowship Selection Committee. Without them, the Fellowship would not be successful in achieving its goals of supporting and nourishing future leaders in our field."

Following are the 2025 Laughlin Fellows:

Adam W. Burroughs, M.D., is a geriatric psychiatry fellow at the University of Arkansas for Medical Sciences in Little Rock, Arkansas.

Donald Egan, M.D., M.P.H., is a fourth-year psychiatry chief resident at the University of Texas Southwestern Medical Center in Dallas, Texas.

Jack Hunt, M.D., Ph.D., is a fourth-year psychiatry research resident at the University of California, San Diego.

Madeline Jansen, M.D., M.P.H., is a child and adolescent psychiatry research fellow at the University of California, Los Angeles.

Amanda Koire, M.D., Ph.D., is a first year attending psychiatrist in the Division of Women's Mental Health and Reproductive Psychiatry at Brigham and Women's Hospital in Boston, Massachusetts.

Yang Jae Lee, M.D., is a fourth-year psychiatry resident at Yale University School of Medicine in New Haven, Connecticut.

Andrew Murphy M.D., Ph.D., is a fourth-year psychiatry resident at New York State Psychiatric Institute/Columbia University in New York, New York.

Miriam B. Muscarella, M.D., is a second-year child and adolescent psychiatry fellow at Stanford University in Palo Alto, California.

Parvaneh Nouri, M.D., M.P.H., is a forensic psychiatry fellow at the University of Colorado in Aurora, Colorado.

Temitope Ogundare, M.D., M.P.H., is a fourth-year psychiatry resident, schizophrenia fellow, and chief resident at Boston Medical Center and a postgraduate fellow at the Massachusetts Institute for Psychoanalysis in Boston, Massachusetts.

Shelby Powers, M.D., M.S., is an addiction psychiatry fellow at Yale University in New Haven, Connecticut.

Juliana Zambrano, M.D., M.P.H., is a fourth-year resident in the Massachusetts General Hospital/ McLean psychiatry residency program and physician scientist training program in Boston, Massachusetts.



THE AMERICAN COLLEGE OF PSYCHIATRISTS NAMES 2025 PRITE® AND CHILD PRITE® FELLOWS

The American College of Psychiatrists has announced the selection of two psychiatry residents – Zane Davis, M.D. and Megan Lee M.D., and two child psychiatry fellows – Ari Gao, M.D. and Heather Miura, M.D. – to serve as Fellows on its PRITE (Psychiatry Resident In-Training Examination[®]) Editorial Board.

Taken by nearly all psychiatry residents and fellows in the United States, both the PRITE and CHILD PRITE serve as educational resources for psychiatry residents, fellows and training programs. The exams allow individual residents and fellows to compare their knowledge base and clinical skills to their peers and offers training directors an insight into the performance of their residents/fellows, enabling them to make their programs more effective.

In order to include the views of psychiatry residents and fellows who sit for the exam, The College selects residents and fellows from training programs throughout the United States and Canada to serve on the PRITE Editorial Board. In addition to being invited to the Annual Meeting of The College during both years of Fellowship, the PRITE and CHILD PRITE Fellows are required to attend two PRITE Editorial Board meetings during their Fellowship. PRITE and CHILD PRITE Fellows participate in the question writing process by developing an assigned number of questions and then editing and referencing exam items.

Following are the 2025 PRITE and CHILD PRITE Fellows:

Zane Davis, M.D., is a second-year psychiatry resident at San Mateo County Psychiatry Residency, in San Mateo, California. (PRITE)

Megan Lee, M.D., is a third-year psychiatry resident at University of Washington, in Seattle, Washington. (PRITE)

Ari Gao, M.D., is a third-year psychiatry resident at Baylor College of Medicine, in Houston, Texas. (CHILD PRITE) **Heather Miura, M.D.**, is a first-year child psychiatry fellow at University of California, San Diego. (CHILD PRITE)









2025 EDUCATION AWARD RUNNERS-UP MERIT SPECIAL MENTION

The Creativity in Psychiatric Education Award Committee, which each year reviews up to 20 applications sent for consideration to receive the award, is continually impressed by the out-of-the-box thinking behind the development of these programs. Beginning with this issue of the newsletter, we will be providing a snapshot of the no-less-creative programs which are the runners-up behind the eventual award recipient (see more about the awardee in the awards section of this newsletter on page $\underline{8}$). Below, we are pleased to present three of the top runners-up for the 2025 award:

University of Texas at Austin Dell Medical School: Dell Med Psychiatry Physician-Scientist Training Program (PPSTP)

The Dell Med Psychiatry Physician-Scientist Training Program (PPSTP) embraces a distinctive resident-centered approach, structured to address each resident's individualized training needs while also delivering a sound core curriculum. As such, the PPSTP accommodates the training needs of both: 1) residents with considerable research experience (e.g., MD/PhDs) looking to seamlessly continue their pursuit of already well-formulated career objectives; and 2) residents with little research experience who for the first time are exploring whether they have an appetite and aptitude for a research career.

Several innovative features of the Dell Med PPSTP distinguish it from programs at other institutions, including: 1) a two-year (PGY1-2) introductory phase affording residents an opportunity to explore research interests before committing to completing the entire program; 2) the absence of a cap on the number of participating residents ensuring that all who wish to explore research as a career option can do so; 3) shared research training activities with trainees from other departments within Dell Medical School and other schools across the UT Austin campus; and 4) personalized didactic offerings specific to the individuals training goals.

While many residency research tracks are limited to one or two trainees per class and are often populated largely, if not exclusively, by residents with interest in some aspect of biological psychiatry (such as functional brain imaging, neuromodulation, and genetics), PPSTP trainees frequently explore other important aspects of psychiatric research like health services and healthcare disparities. In addition, being open to all residents, the program design enhances diversity within psychiatric research training.

University of California, San Franciso School of Medicine: PsychSnaps

Despite limited training and education, primary care providers often serve as the default clinicians caring for patients with complicated mental health needs. PsychSnaps is a "just-in-time," innovative educational program on mental health topics that helps generalists address the mental health care needs of their patients, bridging the gap between mental health and primary care.

Developed by UCSF Drs. Zoë Kopp, Era Kryzhanovskaya, and Emma Samelson-Jones, the team's expertise spans general internal medicine, addiction medicine, adult psychiatry, and medical education, and their clinically-focused case-based lessons integrate mental health and addiction medicine topics, geared towards primary care clinicians.

PsychSnaps has released 48 e-newsletters since its launch in December 2022. These e-newsletters are free, short, delivered to subscribers every other week, and accessible to anyone with an email address. In a survey of subscribers in September 2024, 96% found PsychSnaps to be clinically useful and trustworthy, and 72% reported that reading PsychSnaps has changed their clinical practice. 90% reported that PsychSnaps was unique compared to routine CME activities. The 500+ subscribers currently signed up are a mix of physicians (73%) and Advanced Practice Practitioners (25%). 80% work in internal medicine or family medicine.

The PsychSnaps website is a resource for practicing clinicians that can also be used as a teaching tool with trainees. The website includes all previously published e-newsletters in an easily searchable format and a collection of clinically relevant resources from previous PsychSnaps. To subscribe, simply visit <u>psychsnaps.com</u>.

PsychSnaps has been solely supported by grants from non-profit organizations. If you are interested in working with us as a guest author, have suggestions about securing sustainable funding, or are energized by our mission, we would be delighted to hear from you (psychsnaps@ucsf.edu).

Yale Medical School: ERASE Workshop

The ERASE workshop was developed after psychiatry faculty identified a gap in available training on the issue of mistreatment by patients. In 2016, education leaders started receiving an increasing number of reports from trainees of mistreatment by patients, often identity based. Equally concerning, trainees reported that faculty bystanders didn't always recognize or address the mistreatment or support them after it occurred. Education leaders noted an unfortunate and longstanding "hidden curriculum" in medicine, and particularly psychiatry, that accepting mistreatment by patients is "part of the job." ERASE was originally developed in 2018 as a workshop specifically for faculty, to help them better recognize mistreatment of trainees by patients and support trainees who have been mistreated. Since that time and due to increasing requests, ERASE has been adapted for use with trainees themselves as well as a wide array of physician and non-physician healthcare workers including nurses, psychologists, social workers, and administrative staff.

ERASE stands for Expect mistreatment, Recognize mistreatment, Address mistreatment, Support those who have been mistreated, and Establish a positive institutional culture. The ERASE workshop is innovative in specifically addressing verbal mistreatment by patients, which is often excluded in trainings on managing mistreatment in medicine. The training is creative in its format, which includes didactic components, small/large group discussion, and case-based skills practice. ERASE takes a non-judgmental, patient-centered, and supportive stance. Workshop leaders share their own challenges in managing these situations and acknowledge the many systemic and personal barriers to intervention that may exist. Participants are provided sample language for addressing mistreatment, while being reminded that there is "no one right answer" for all cases of mistreatment by patients. ERASE is often provided to multidisciplinary audiences which provides a unique opportunity for participants to hear the perspectives of their colleagues in other disciplines. Pre-/post-session survey data indicate improvement in participants' appreciation of the impact of mistreatment by patients and their ability to recognize and address it.

Important Dates and Deadlines 2025

January 5 Deadline for nominations for the Child, Adolescent and Young Adult Award;

Dean Award for Research in Schizophrenia; Award for Research in Geriatric

Psychiatry; and Award for Research in Mood Disorders

January 10 Last day to register for the 2025 Annual Meeting without incurring a \$100 late fee.

January 31 Last day to request Annual Meeting refund (less \$80 processing fee).

February 19-23 2025 Annual Meeting (Kaua'i, Hawaii)

Eligible for Emeritus Status?

If you are over 70 or fully retired, you are eligible for Emeritus status in The College. As an Emeritus Member or Emeritus Fellow, you are no longer obligated to attend one of every three Annual Meetings or pay Active Member dues of \$420 (although we do suggest making a voluntary dues contribution of \$75).

Although Emeritus Members and Fellows may vote on all matters coming before the membership and serve on committees, they are not eligible to hold elective office or serve as a committee chairperson.

If you would like to be considered for Emeritus status, please contact Angel Waszak, angel@acpsych.org.

2025 Annual Meeting Program

Opportunities and Challenges for Psychiatry in the 21st Century

Target Audience

This program is intended for Members of The American College of Psychiatrists, present and former Laughlin and PRITE Fellows, and invited guests.

Accreditation Statement

The American College of Psychiatrists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement

The American College of Psychiatrists designates this live educational activity for a maximum of *14.75 AMA PRA Category 1 Credits*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

TUESDAY, FEBRUARY 18

By invitation only

6:00 pm – 9:00 pm Laughlin/PRITE Fellows Reception

WEDNESDAY, FEBRUARY 19

7:00 am - 9:00 am Laughlin/PRITE Fellows Orientation

9:00 am – 9:15 am Welcome from the President and Program Chair

9:15 am - 10:45 am PLENARY SESSION I

9:15 am – 10:00 am Applying AI to Psychiatric Care

Steven Chan, M.D., MBA, FAPA, FAMIA (AsyncHealth; Stanford University School of Medicine)

10:00 am – 10:45 am Applying AI to Suicide Prevention/ Prediction

Jordan Smoller, M.D. (Massachusetts General Hospital; Harvard Medical School; Harvard School of Public Health)

10:45 am - 11:15 am

Break and Poster Session

11:15 am – 12:00 pm Panel Discussion: Ethics of Using AI in Psychiatry

Matthew L. Baum, M.D., Ph.D., DPHIL (Brigham and Women's Hospital; Harvard Medical School)

Steven Chan, M.D., MBA, FAPA, FAMIA (AsyncHealth; Stanford University School of Medicine)

Darlene King, M.D. (UT Southwestern)

John Luo, M.D., FACPsych (UC Irvine Health)

Hilary Pang, M.D., M.Sc. (University of Toronto)

12:00 pm – 1:00 pm Poster session and box lunch

1:00 pm - 4:30 pm PLENARY SESSION II

1:00 pm – 1:45 pm Past, Present, and Future of Telepsychiatry and Digital Health

Peter M. Yellowlees, MBBS, M.D., FACPsych (UC Davis Health System)

1:45 pm – 2:30 pm Debate: Does Telepsychiatry Threaten Psychotherapy Training and the Therapeutic Alliance?

Yes

Kim-Lan Czelusta, M.D. (Baylor College of Medicine)

No

Jay H. Shore, M.D., MPH, FACPsych (University of Colorado Anschutz Medical Campus)

2:30 pm – 3:00 pm *Break*

3:00 pm – 3:45 pm Instagram and Mental Health Advocacy

Gregory Scott Brown, M.D. (University of Houston College of Medicine)

3:45 pm – 4:30 pm TikTok: Combating Misinformation with a Hook

Jake Goodman, M.D., MBA (Miami Miller School of Medicine)

4:30 pm – 6:00 pm Richard Kogan Performance

6:30 pm – 9:00 pm Welcome Dinner

THURSDAY, FEBRUARY 20

7:30 am – 8:30 am

Breakfast with the Experts

8:30 am - 9:00 am Recognition of Laughlin and PRITE Fellows

9:00 am - 10:30 am PLENARY SESSION III

9:00 am – 9:45 am Genetics and Psychiatry: An Update for Clinicians

Jordan Smoller, M.D. (Massachusetts General Hospital; Harvard Medical School; Harvard School of Public Health)

9:45 – 10:30 am Oceans of Resilience: Suicide Prevention Efforts in Hawaii's Communities

Deborah Goebert, Dr. P.H. (Center for Pacific Innovations, Knowledge, and Opportunities (PIKO); John A. Burns School of Medicine, University of Hawaii)

10:30 am – 11:00 am *Break*

11:00 am – 12:15 pm CONCURRENT SESSIONS

COURSE 1, PART 1

Topic: Current Lessons for Adapting Clinical Style and Therapeutic Alliance to Optimize Telepsychiatry Care

Robert L. Caudill, M.D., DLFAPA, FATA (University of Louisville, School of Medicine)

Jay H. Shore, M.D., MPH, FACPsych (University of Colorado Anschutz Medical Campus)

Peter M. Yellowlees, MBBS, M.D., FACPsych (UC Davis Health System)

COURSE 2, PART 1

Workshop: Social Media for Leadership, Advocacy, Branding, and Creativity

Course 2 Table Topics:

Developing a Social Media Brand

Gregory Scott Brown, M.D. (University of Houston College of Medicine); Chetan Bhat, M.D. (Child PRITE Fellow, University of California, San Diego)

Finding Space for Creativity on Social Media

Jake Goodman, M.D., MBA (Miami Miller School of Medicine); Pranav Aurora, M.D., ScM, DrPH (Laughlin Fellow, SUNY Downstate Health Science University)

Using Social Media as a Leader

Howard Y. Liu, M.D., MBA (University of Nebraska Medical Center); Samantha Meltzer-Brody, M.D., MPH (University of North Carolina at Chapel Hill)

Championing Inclusion on Social Media

Javeed Sukhera, M.D., Ph.D., FRCPC (Institute of Living and Hartford Hospital); Liana Lau, M.D. (Child PRITE Fellow, Mount Sinai Elmhurst Hospital)

The Art of Advocacy on Social Media

Marley Doyle M.D. (University of Nebraska Medical Center); Jessi Gold, M.D., M.S. (The University of Tennessee System, The University of Tennessee Health Science Center); Avani K. Patel, M.D., MHA (Senior Laughlin Fellow; Mississippi Psychiatry & Wellness, PLLC)

Maximizing Residency Culture on Social Media

Daniel E. Gih, M.D. (University of Nebraska Medical Center); Simone Bernstein, M.D., MHPE (Senior Laughlin Fellow; Walter Reed National Military Medical Center)

INTEREST GROUP 1

Topic: Beyond BMI: Understanding the Influence of Culture and Stigma in Obesity Care

Sanjeev Sockalingam, M.D. (CAMH; University of Toronto)

INTEREST GROUP 2

Topic: Successful Aging: Facts and Fiction

Dilip V. Jeste, M.D., FACPsych (Global Research Network on Social Determinants of Mental Health)

Iqbal "Ike" Ahmed, M.D., FACPsych, FRCPsych (U.K.) (University of Hawaii and Uniformed Services Univ. of Health Sciences)

INTEREST GROUP 3

Topic: Autism Spectrum Disorder / Neurodiversity

Bryan H. King, M.D., MBA (UCSF Weill Institute for Neurosciences)

Jeremy Veenstra-VanderWeele, M.D. (Columbia University)

12:30 pm – 2:30 pm

New Member/Fellow Induction Luncheon

(By Invitation Only)

3:00 pm - 5:00 pm Laughlin/PRITE Fellows Roundtable Discussions

FRIDAY, FEBRUARY 21

8:00 am - 9:00 am

Breakfast with the Experts

9:00 am - 10:30 am
PLENARY SESSION IV: Neuromodulation/
Ketamine/Psychedelics

9:00 am - 9:45 am

Modulating Neural Circuits with Transcranial Magnetic Stimulation and Beyond

Nolan R. Williams, M.D. (Stanford University)

9:45 am – 10:30 am Advances and Challenges in Ketamine Use as a Rapidly Acting Antidepressant

Amit Anand, M.D., M.S. (MGH Brigham; Harvard Medical School)

10:30 am – 11:00 am *Break*

11:00 am -12:15 pm CONCURRENT SESSIONS

COURSE 1, PART 2

Topic: Transcranial Magnetic Stimulation, ECT, Ketamine, or DBS – When to Consider? What to Expect?

Scott T. Aaronson, M.D., FACPsych (Sheppard Pratt Health System)

Amit Anand, M.D., M.S. (MGH Brigham; Harvard Medical School)

Nolan R. Williams, M.D. (Stanford University)

COURSE 2, PART 2

Topic: Incorporating AI Into Your Practice / Health System – How To?

Steven Chan, M.D., MBA, FAPA, FAMIA (AsyncHealth; Stanford University School of Medicine)

Darlene King, M.D. (UT Southwestern)

Peter M. Yellowlees, MBBS, M.D., FACPsych (UC Davis Health System)

INTEREST GROUP 1

Topic: LGBTQ Advocacy in a Disinformation Age

Jack Drescher, M.D., FACPsych (Columbia University)

Stewart L. Adelson, M.D. (Columbia University)

INTEREST GROUP 2

Topic: Post-Pandemic Changes to Graduate Medical Education

Kim-Lan Czelusta, M.D. (Baylor College of Medicine) John Luo, M.D., FACPsych (UC Irvine Health)

INTEREST GROUP 3

Topic: The Future of DEI in Medical Education

Francis G. Lu, M.D. (University of California, Davis)

Noshene E. Ranjbar, M.D. (University of Arizona College of Medicine-Tucson)

German E. Velez, M.D. (New York Presbyterian Hospital)

SATURDAY, FEBRUARY 22

8:30 am - 12:15 pm SESSION V: Awards

8:30 am – 9:00 am Award Presentations

Bowis Award

Elizabeth F. Kieff, M.D., FACPsych

Distinguished Service Award

Maria A. Oquendo, M.D., Ph.D., FACPsych

The Award for Creativity in Psychiatric Education

University of Colorado: "New Brain, New Baby, New Connections"

Award Lectures

9:00 am – 9:35 am Dean Award Lecture

Schizophrenia Research: Then, Now, and Beyond: Reflections from Half a Century of Progress

Lynn E. DeLisi, M.D. (Cambridge Health Alliance Ambulatory Care)

9:35 am – 10:10 am Geriatric Research Award Lecture

Can We Predict the Future of Psychiatry?

Benoit Mulsant, M.D., M.S. (Temerty Faculty of Medicine, University of Toronto)

10:10 am – 10:25 am *Break*

10:25 am – 11:00 am Child & Adolescent Psychiatry Award Lecture

Lay Not Thine Hand Upon the Lad: Child Maltreatment, Social Determinants of Health, and Trauma-Informed Care

Vincenzo Di Nicola, MPhil, M.D., Ph.D., FCAHS, DLFAPA, DFCPA (University of Montreal)

11:00 am – 11:35 am Mood Disorders Research Award Lecture

Carlos A. Zarate, M.D. (National Institute of Mental Health)

11:35 am – 12:10 pm Honorary Fellowship and Lecture

Adverse Childhood Experiences and Adolescent Mental Health: Arts and Digital Research to Address Intersectional Vulnerabilities and Inequalities

Kamaldeep Bhui, CBE M.D. FRCPsych FRCP(E) FRSA PFHEA

12:15 pm – 12:30 pm Annual Business Meeting 12:30 pm – 5:00 pm Board of Regents Meeting

(Lunch will be provided)

6:00 pm - 6:30 pm Champagne Reception

6:30 pm – 10:00 pm Annual Banquet

Future College Annual Meetings

2025: Kauai

Annual Meeting: February 19-23
Grand Hyatt Kauai Resort & Spa
Kauai, Hawaii

2026: Naples

Annual Meeting: February 18-22
Hyatt Regency Coconut Point
Bonita Springs, Florida

2027: San Diego

Annual Meeting: February 17-21

Park Hyatt Aviara Carlsbad, California





62nd Annual Meeting Registration Form

Annual Meeting Dates: February 19-23, 2025 Grand Hyatt Kauai Resort & Spa

Contact Information:

Name (as it should appear	on badge)	Degree(s)	
Address			
Address			
City	State/Prov.	Zip/Postal Code	
Country	E-mail		
Phone Number	Fax Number	Cell Phone	
O New Contact Informa	ation (Please list this as my primary address i	the Membership Directory)	
Registrant Status:			
	•	, , , , , , , , , , , , , , , , , , , ,	O Awardee
O Current Laughlin/PRIT	E Fellow O Former Laughlin/PRITE Fellow	O Current FRITE/FIFE Editorial Board	
Guest(s) Informati	on:		
Please use the following s	pace to list any guests (i.e., spouse/partner or child attra registration fees associated with guests).	ren) who will be attending Annual Meeting soc	ial or educational
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Child		Child's Age	
Child		Child's Age	
Bustalian Essa			
	(Enter USD amounts below.) (Only refunds reques	ted in writing by January 31, 2025, will be grant	ed, less an \$80 service
Annual Meeting	M. J. D.H. GTH. G.H. J.D.	I III (DDITTE D. II (C)	
\$650	Member or Fellow of The College and Former	Laugnin/PRITE Fellows (6+ years ago)	
\$325	Current PRITE/PIPE Editorial Board		
\$275	Spouse/Partner		
\$275	Child 18+ years-of-age		
\$100	Child 6-18 years-of-age		
\$325	Former Laughlin/PRITE Fellows (1-5 years ag))	
\$750	Non-Member Guest		
\$0	Non-Member Faculty Presenters, Awardees, an	d Current Laughlin/PRITE Fellows	
\$100	LATE FEE Must be paid if registering after Ja	nuary 10, 2025.	
TOTAL			

By registering for this meeting, I consent to being photographed or videotaped and authorize The College to publish any such images of me or my registered guests in its newsletter and on its Web site.

Name (as it appears or	n credit card)				
Address (if diff. than	mailing address)				
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The College has negotiated discounted room rates at the Grand Hyatt Kauai Resort & Spa of \$469 per night (plus taxes and a \$20 resort fee). To book a room at the hotel visit https://www.hyatt.com/en-US/group-booking/KAUAI/G-ACPC or call 808-742-1234. It's important that you book early as the discounted rate will **only be available** until the room block fills up or the cutoff date of Friday, January 3, is reached, whichever occurs first.

Return completed form to:

The American College of Psychiatrists 111 E Wacker Dr., Suite 1440 • Chicago, IL 60601 fax: 312-938-8845 email: Angel@ACPsych.org



111 E. Wacker Drive, Suite 1440 Chicago, IL 60601

Change of Address Form

Name:				
First	MI	Last S	uffix (Jr, III)	Degrees
Previous Address: ☐ busine	ess or \square residence			
New Address: □ business o	r 🗖 residence			
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