

NEWS

The American College of Psychiatrists

WINTER 2021

From the President

Welcome to a new year – a time of reflection and for greater appreciation of the ways in which we are all connected to one another. I am sure many of you breathed a sigh of relief as the calendar moved to 2021. We are entering a new year that not only has coronavirus but also has effective vaccines to help lessen some of the worst burdens of the pandemic.

The College continues to move forward and to work on your behalf. In October, the Board of Regents met via Zoom. During the meeting, the Board approved 38 new Members and elevated nine Fellows (see page 11 for more info); approved twelve new Laughlin Fellows, two new PRITE Fellows, and two new CHILD PRITE Fellows (see pages 9-10); and approved the slate of awardees recommended by their respective Committees (see pages 5-8). All will be recognized and honored at the 2022 Annual Meeting in Naples.

The Committee on Diversity, Respectful Inclusion, and Equity has been very active, preparing a diversity mission statement for The College to adopt. In the interest of transparency and inclusion, it will be circulated to the Membership for comment before adoption by the Board. Following adoption of the statement, a survey will be distributed to Members in order to assess The College's current makeup and provide a baseline against which to measure future progress toward a more diverse, inclusive. and equitable organization.

The finances of The College remain strong overall, largely due to engagement of the field with our PRITE, CHILD PRITE, and PIPE offerings. A total of 302 programs purchased PRITE in 2020 with nearly 7,900 resident examinees. In addition,



143 child programs administered CHILD PRITE to nearly 1,100 examinees. PIPE sales were not as brisk as they have been in the past two years. However, the year still ended with 1,004 sold.

At the recommendation of the Finance Committee, the Board has approved a two-tiered dues structure for 2021. For those Members of The College who have been financially impacted by COVID-19, we offer the option to pay reduced dues of \$210. For our Members who have been fortunate enough to emerge from 2020 without experiencing significant financial hardship, we ask that they pay the full cost of 2021 dues (\$420). To pay your dues online now, *click here* and sign in.

Looking to the coming months, there are some definite bright spots on the horizon.

Although we will be unable to meet in person in 2021, the Board has approved a (CME-granting) virtual meeting, scheduled for Friday, February 19, from 4:30 to 8:30 pm EST. Scientific Program Chair Petros Levounis and the Members of the Committee have assembled a lineup of experts to address some of the most pertinent topics facing our Members.

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THE AMERICAN COLLEGE OF PSYCHIATRISTS

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Darrell Kirch will present a talk on "Preventing a Parallel Pandemic: Clinician Wellbeing in the Time of COVID-19"; Jay Shore will give a talk on "COVID-19 and the Role of Telepsychiatry in the Transformation of Psychiatric Care"; and Ruth Shim will present "Structural Racism and Social Injustice in Psychiatry." Each talk will be followed by a Q & A session, and the meeting will conclude with a town hall-style Annual Business Meeting from 8:00 to 8:30 pm EST.

There is also a pre-program virtual meetup being held from 4:30 to 5:00 pm EST, where attendees will be able to connect with colleagues and peers. To register for the meeting, *click here*.

It has been a hard year and we have experienced loss and worry. We have also been reminded of hope, drawn from strength, resilience and community.

The theme of the live 2021 Annual Meeting was to have been "Hope is the Thing with Feathers," from Emily Dickinson's lyric 1860 poem. She wrote:

"Hope" is the thing with feathers -That perches in the soul -And sings the tune without the words -

And never stops - at all

What an apt sentiment that is as we head into 2021. And the good news is that the 2022 meeting's theme will still be "Hope is a Thing with Feathers"!

I wish you all a better 2021, filled with health and happiness—and yes—hope.

Laura Roberts, M.D., M.A.

President

Future College Annual Meetings

2022: Naples
Annual Meeting: February 23-27
Hyatt Regency Coconut Point
Bonita Springs, Florida

2023: Tucson
Annual Meeting: February 22-26
JW Marriott Starr Pass Hotel & Spa
Tucson, Arizona

From the Executive Director

While it is encouraging to hear the note of hope offered by the new year in Laura's column, I'd like to take a moment to reflect on all The College accomplished in 2020, despite the most trying of circumstances, which included the pandemic, environmental disasters, and a divided America.

First, we managed, through sheer luck, to hold one of the last large, live events of the year in Fort Lauderdale in February. As I look back at the pictures from the 2020 Annual Meeting, I'm struck by how carefree we all seemed, shaking hands, hugging, sitting side by side, breaking bread. I'd like to think that the togetherness we experienced in Florida helped fortify us a bit for the challenges and isolation that lay ahead.

By March, of course, everything had changed. With large parts of the country effectively shut down, my dedicated staff—Kathryn Delk, Nathan Zastrow, and Angel Waszak—and I adapted to working from home, holding weekly staff meetings by Zoom. As a team, we were able to keep The College's administrative tasks on schedule and continue to support the Board of Regents and our hardworking committees.



Meanwhile, a new committee, the Committee on Diversity, Respectful Inclusion, and Equity began the important work of improving the recruitment, advancement, and participation of Members of underrepresented groups in The College. In what will be an ongoing effort, the Committee sent representatives to the Membership Committee, Laughlin/PRITE Fellowship Selection Committees, and Awards Committees to discuss improving diversity and representation. In the midst of these activities, the Committee prepared a statement addressing systemic racism and police brutality for the Board of Regents to adopt and disseminate to College Members and more widely through the media.

The PRITE Commission and PRITE Editorial Board were also hard at work, guaranteeing that the 2020 PRITE and CHILD PRITE Exams were administered on time, and with appropriate accommodations made to the pandemic. And, when it became clear that the PRITE Editorial Board would be unable to meet in person in July in Sonoma to write the 2022 exams, the Editors, with the tireless assistance of Kathryn Delk, quickly pivoted to a virtual meeting, spending three long days on Zoom hammering out next year's PRITE and CHILD PRITE exams.

I can think of countless other ways The College rose to the challenges posed by COVID-19: the Finance Committee reviewing the organization's battered portfolio in the spring and deciding to stay the course with our investments; the Audit Committee reviewing an audit conducted virtually rather than on-site; and the Board of Regents meeting via Zoom multiple times over the course of a few months to guarantee the stability of the organization and craft a flexible, compassionate response to the health and economic crises faced by the country and our membership.

And of course, there is all the work you, The College's Members, have done in the past year to address this unprecedented moment in history. Whether that meant conducting patient visits remotely, treating patients in the ICU, mentoring med students, restructuring residency training programs to meet the needs of your institutions, supporting the mental health needs of other healthcare providers, or offering much needed mental health care in your communities, thank you for all you have done in 2020, and continue to do every day. May 2021 be a better year for everyone.

Craig Samuels Executive Director

A Call for Volunteers: In Search of Question Writers to Join the PRITE, CHILD PRITE, and PIPE Editorial Boards

If you have experience as a question writer and would like to be considered as a member of the **PRITE or CHILD PRITE Editorial Board**, please contact Kathryn Delk at The College via email: <u>Kathryn@ACPsych.org</u>.

If you have experience as a question writer and would like to be considered as a member of the **PIPE Editorial Board**, please contact Nathan Zastrow at The College via email: *Nathan@acpsych.org*.

Register Now for the Virtual Annual Meeting

Friday, February 19, 4:30 to 8:30 pm EST

- Darrell G. Kirch, M.D. Preventing a Parallel Pandemic: Clinician Well-being in the Time of COVID-19
- Jay H. Shore, M.D., M.P.H. COVID-19 and the Role of Telepsychiatry in the Transformation of Psychiatric Care
- Ruth S. Shim, M.D., M.P.H. Structural Racism and Social Injustice in Psychiatry

Each talk will be followed by a Q & A session. The meeting will conclude with a town hall-style Annual Business Meeting from 8:00 to 8:30 pm EST.

In addition, as we know that fellowship is an integral part of being a Member of The College, we are also planning a pre-program virtual meetup from 4:30 to 5:00 pm EST, where you will be able to connect via webcam with colleagues and peers.

To register for the Virtual Annual Meeting, *click here*. The registration fee is \$50.00.

To pay by check please contact Angel Waszak at *Angel@acpsych.org*.

Accreditation Statement

The American College of Psychiatrists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement

The American College of Psychiatrists designates this live educational activity for a maximum of 3.00 AMA PRA Category 1 $Credits^{TM}$. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Important Dates and Deadlines 2021

January 22	Deadline for nominations for the Award for Leadership in Child, Adolescent and Young

Adult Psychiatry; Dean Award for Research in Schizophrenia; Award for Research in

Geriatric Psychiatry; and Award for Research in Mood Disorders

February 19 Virtual Annual Meeting (4:30 to 8:30 pm EST)

June 1 Deadline for New Member applications and applications for elevation to Fellow

June 30 Signed PRITE contracts due

June 30 Deadline for nominations for the Bowis Award, Distinguished Service in Psychiatry

Award, Education Award, and Honorary Fellowship

July 31 Payment for PRITE due

August 15 Applications for PRITE, CHILD PRITE and Laughlin Fellowship due

Early September PRITE testing materials sent to all participating programs for delivery in early September

September 15 Signed CHILD PRITE order form due

October 15 Payment for CHILD PRITE due

September 24 - October 15 PRITE Administration

October 22 Board of Regents Meeting in Chicago

December 1-7 CHILD PRITE Administration

The American College of Psychiatrists Announces 2021 Award Recipients

Awards Honor Leaders in Mental Healthcare

The American College of Psychiatrists has announced the recipients of its 2021 awards, which will be presented at The College's Annual Meeting in Naples, Florida on February 26, 2022. The awards recognize those mental health professionals responsible for advancing psychiatry through their service, research, clinical work, and educational activities.



Francis G. Lu, M.D., Receives the Distinguished Service Award

The Distinguished Service Award recognizes significant achievements and leadership in the field of psychiatry.

Francis G. Lu, M.D., is the Luke & Grace Kim Professor in Cultural

Psychiatry, Emeritus, at the University of California, Davis. As a Distinguished Life Fellow of the American Psychiatric Association (APA), Dr. Lu has contributed widely to the areas of cultural psychiatry, including the interface with religion/spirituality, psychiatric education, diversity/inclusion, mental health equity, and psychiatry/film.

He is a champion for minority mental health as well as an advocate and mentor to countless psychiatrists.

Dr. Lu's many awards include the APA Special Presidential Commendations in both 2002 and 2016 for his contributions to cultural psychiatry; the American Psychiatric Foundation's Advancing Minority Mental Health Award in 2008; The American College of Psychiatrists' Creativity in Psychiatric Education Award for the Ethnic/Minority Psychiatric Inpatient Programs at San Francisco General Hospital; and in 2020, the Society for the Study of Psychiatry and Culture's Lifetime Achievement Award.

From 2002 to 2019, Dr. Lu served on the APA Council on Minority Mental Health and Health Disparities and has been a member of over fifty professional organizations throughout his career and in retirement. He has served on well over a hundred committees, task forces, and has held numerous leadership positions, including being president of the National Asian American and Pacific Islander Mental Health Association. Additionally, he has had 128 abstracts at meetings as well as almost 500 presentations. Dr. Lu has been invited to present

at grand rounds at 130 different departments of psychiatry including UC Irvine, as well as regional, national, and international mental health agencies. As an emeritus professor, Dr. Lu's scholarly activity continues to contribute to the productivity of the UC Davis Department of Psychiatry.

He has been the author or co-author on almost 60 peer reviewed articles, 32 book chapters, five books, as well as training manuals, DVDs, monographs, model curriculum, and facilitator guides. He has taught a number of CME courses at Dr. Carlyle Chan's Door County Summer Institute, using film to discuss mindfulness and positive psychology. His DSM Outline for Cultural Formulation has been a staple of teaching with resident physicians and medical students regarding ethnic minority patients and their idioms of distress, immigration history, and acculturation.



Bowis Award Presented to Amy S. Hoffman, M.D., FACPsych

Each year, The College presents the Bowis Award to a Member or Fellow in the organization who has played an important leadership role in The College.

Dr. Amy S. Hoffman was elected to

The College as a Member in 2010. She became a contributing member of the PIPE Editorial Board beginning in 2012 and was made Associate Editor in 2015. In July 2016, she was named Editor. In this role she has supported the PIPE Editorial Board Members, constantly seeking to improve the exam and the writing experience.

Dr. Hoffman has had an exemplary career as a public and forensic psychiatrist and has been a champion of underserved and marginalized populations. She is currently Chair of the Department of Psychiatry at Lincoln Medical & Mental Health Center in the Bronx, New York City, and has directed multiple inpatient and outpatient services in NYC, including work as a Deputy Director of Ambulatory & Community Psychiatry, and Medical Director of the Outpatient Psychiatry Clinic at Bellevue Hospital. Dr. Hoffman has also had a distinguished career in medical education. She was Director of the Fifth Pathway Program at Mt. Sinai School of Medicine, Director of Residency Training at Elmhurst Hospital, and served as Director of Medical Education for St. George's University School of Medicine at

the Queens Health Network. In addition, Dr. Hoffman has been the recipient of multiple awards for her teaching acumen, and her current work in developing an innovative treatment service for addictions at Lincoln Medical & Mental Health Center has the potential to be a model for service delivery that could significantly impact the field and save countless lives.

Dr. Hoffman also has a private forensic practice and has been named to the New York State Supreme Court, 1st Judicial Department, Appellate Division Panel of Highly Qualified Psychiatrists, along with serving as an Expert Consultant to the Office of Professional Medical Conduct, New York State Department of Health.

Additionally, Dr. Hoffman provides service to a number of other organizations. She is a member of the Group for the Advancement of Psychiatry, serves on the Editorial Board of the Journal of Gay and Lesbian Mental Health, and has been a member of the Board of Directors of the Association for Rehabilitative Case Management and Housing (ACMH) in New York City, where she has served as President since 1995. She has been a valuable mentor to trainees, has served on multiple hospital committees, and is a Distinguished Fellow of the American Psychiatric Association.

The Award for Creativity in Psychiatric Education Presented to Johns Hopkins University's *National Curriculum in Reproductive Psychiatry*



NCRP Chair Lauren M. Osborne, M.D. Johns Hopkins University School of Medicine Chair, National Task Force on Women's Reproductive Mental Health Board, Perinatal Mental Health Society



NCRP Vice-Chair Sarah Nagle-Yang, M.D. Case Western Reserve School of Medicine Vice Chair, National Task Force on Women's Reproductive Mental Health

The Award for Creativity in Psychiatric Education was created to recognize noteworthy teaching innovations in the field of psychiatry. The College has selected Johns Hopkins University for its *National Curriculum in Reproductive Psychiatry* (NCRP) program as the recipient of the 2021 Award.

NCRP is the first standardized curriculum in the field of reproductive psychiatry. This evidence-based, online, freely available curriculum provides a novel and valuable resource for those programs that struggle to provide education in this field. It also provides a much needed and clinically relevant resource for continuing education for practicing psychiatrists who may not have been exposed to such education in their training. The NCRP program is comprehensive, covering the major topics in reproductive psychiatry. Each topic area is divided into three sections: classroom materials, self-study, and continuing medical education (CME). While the curriculum is housed on a website, the bulk of the materials are designed to be used in a classroom setting with trainees and a facilitator.

The curriculum comprises approximately 75 hours of teaching material. It can be used in its entirety as a curriculum for postgraduate fellowship training in reproductive psychiatry, or for a women's mental health track in a consultation-liaison fellowship. Residency programs are able to pick and choose which modules they want to complete. For programs with limited time to devote to this topic, or those who do not have the expertise to choose topics themselves, there is a five-hour "mini" curriculum focused on core topics in reproductive psychiatry such as the risk-risk analysis of decision-making of the use of medications in pregnancy. An expanded 10-hour "mini" curriculum is currently being prepared.

In addition to Chair Dr. Lauren Osborne and Vice-Chair Dr. Sarah Nagle-Yang, the NCRP Committee is rounded out by members Erin Murphy-Barzilay, M.D., University of California Los Angeles; Lisa Catapano, M.D., George Washington University; Julia R. Frew, M.D., Dartmouth; Priya Gopalan, M.D., University of Pittsburgh; Neha Hudepohl, M.D., University of South Carolina; Lucy A. Hutner, M.D., Co-founder and Advisor for Phoebe, a digital platform focused on pregnancy and postpartum; Nicole Leistikow, M.D., University of Maryland; and Robin Valpey, M.D., University of Pittsburgh.



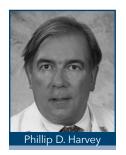
Helen E. Herrman, M.D., AO, Named Honorary Fellow in The College

The American College of Psychiatrists awards Honorary Fellowships in The College to distinguished professionals who have made significant scientific and clinical contributions to the field of psychiatry.

Dr. Helen E. Herrman lives and works in Melbourne, Australia, as Professor of Psychiatry at Orygen, National Centre of Excellence in Youth Mental Health, and the Centre for Youth Mental Health at The University of Melbourne. She is a psychiatrist, public health practitioner, and was President of the World Psychiatric Association through 2020. She is also immediate past president of both the International Association of Women's Mental Health and the Pacific Rim College of

Psychiatrists, a practitioner fellow of the Australian National Health and Medical Research Council, a member of the Lancet Commission on Global Mental Health from 2015-2018, Director of the World Health Organization (WHO) Collaborating Centre in Mental Health, Melbourne, and served for a year as regional adviser in mental health for the WHO's Western Pacific Region based in Manila. While Dr. Herrman was Professor and Director of Psychiatry at St. Vincent's Health Melbourne, she led the development of an integrated area mental health service under Australia's national reform of mental health care.

Dr. Herrman's research and practice interests include community mental health care and the promotion of mental health. She has worked extensively in the areas of mental health of marginalized groups, including homeless people, prisoners, and young women and men living in out-of-home care. She has received a number of civil and professional awards, including Officer of the Order of Australia (AO), Doctor of Medical Science (honoris causa) from The University of Melbourne, and an honorary Doctor of Medical Science degree from the University of Maryland. She was also inducted to the Victorian Honour Roll of Women, and received the Royal Australian and New Zealand College of Psychiatrists' College Citation for contributions to national and international psychiatry.



The College Names Phillip D. Harvey, Ph.D., Recipient of the Stanley Dean Research Award

The Stanley Dean Research Award honors an individual who has had a major impact on the diagnosis and treatment of schizophrenic disorders.

Dr. Phillip D. Harvey is Leonard M.

Miller Professor of Psychiatry and Behavioral Sciences at the University of Miami School of Medicine. He has made many important contributions in the areas of cognitive nosology and the treatment of schizophrenia, advancing the understanding of both medication and disability/cognitive treatments of schizophrenia.

Dr. Harvey's work in the area of schizophrenia has spanned over 35 years, with consistent focus on cognitive dysfunction and its related features, their correlates, and their central role in the illness. His work on cognition and functioning has evolved with the field over the years, starting with the use of clinical neuropsychological tests and now examining functional capacity, self-awareness, and the heritability of disability and the association of genetic variants with performance-based measures of functional, cognitive, and social cognitive abilities. He is currently conducting multiple studies aimed at refining the understanding of the dimensions of disability in schizophrenia, including the study of the relationships between cognitive impairments, discrete functional skills, and elements of real world outcomes. These studies have the overall aim of more clearly

identifying the targets for treatment studies. His future plans include the continued examination of the complex determinants of disability in schizophrenia, developing targeted treatments aimed at discrete causes of disability, and evaluation of pharmacological and behavioral treatments for their importance in disability reduction.

Dr. Harvey has also provided public service based on his research results. When the Social Security Administration partnered with the NIMH to provide high-level scientific evidence to support the automatic award of health insurance and disability compensation with schizophrenia, Dr. Harvey was chosen to lead the blueribbon panel that moved this initiative forward, leading to the publication of white papers accompanied by commentary by the director of the NIMH.

Dr. Harvey has received numerous awards, including the inaugural Distinguished Clinical Investigator Award from The Schizophrenia International Research Society (SIRS); the Alexander Gralnik M.D. Award for important clinical discoveries in schizophrenia research from the American Psychiatric Association (2014); and the US Department of Veterans Affairs, Office of Research and Development's John Blair Barnwell Award for Clinical Research (2104), the first recipient in mental health and the first psychologist to win this award. The award cited his extensive research in functional outcomes in schizophrenia and bipolar disorder in veterans and noted how his research and publications had changed the pattern of care received by veterans with mental health problems as a result.



Helen C. Kales, M.D., Named Recipient of Award for the Research in Geriatric Psychiatry

The Award for Research in Geriatric Psychiatry honors an individual who has made major contributions to the field of geropsychiatry.

Dr. Helen C. Kales is Chair of the

Department of Psychiatry and Behavioral Sciences at University of California, Davis School of Medicine, as well as the Joe Tupin Endowed Chair in Psychiatry. Having earned national and global recognition for excellence in geriatric mental health services research throughout her career, the themes of her research encompass outcomes of neuropsychiatric symptoms of dementia, development of tools for helping dementia care-giver distress, late-life depression care adherence (particularly in primary care settings), racial disparities in mental health treatment and outcomes, and psychotropic pharmaco-epidemiology. Her international stature in the field of geriatric psychiatry was recently evidenced by appointment to the Lancet Commission on Dementia, yielding a 2017 landmark report linking science, practice, and policy.

Dr. Kales' scientific contributions are characterized by an exceptional degree of transdisciplinary expertise, embracing psychiatry, neurology, internal medicine, epidemiology, and medical anthropology—all of which exhibit her ability to lead multidisciplinary teams of scientists, clinicians, consumers, payors, and policymakers. Her research is deeply pragmatic, humanitarian, and policy-relevant, evidencing both a passionate concern for health justice for older adults and an unflagging commitment to mentoring early career physician scientists in geriatric mental health services and implementation sciences.

Previously at the University of Michigan, she was the founding Director of the UM Program for Positive Aging (PPA), a multifaceted UM program established in 2009. She also served as Director of the Section of Geriatric Psychiatry from 2009-2014, overseeing all clinical, educational, and research operations, and building the Section to include 10 geriatric psychiatrists. As a fellowship-trained, board-certified geriatric psychiatrist, Dr. Kales' research program is directly informed by her clinical work and experiences with patients, families, providers, and systems to diminish the barriers to effective and high-quality care for older patients with mental health issues and/or dementia.

She is a recognized national and international expert in outcomes related to later-life depression, racial disparities in later-life mental health treatment, the risks of use of antipsychotic and other psychotropic medications in older adults, and research into ways to improve dementia care. One of her most important achievements is the co-creation of the DICE Approach™, which mirrors the clinical reasoning process used by dementia behavior experts to assess and manage BPSD, and was created to assist family caregivers in identifying, monitoring and managing behaviors while simultaneously addressing caregivers' motivation, self-efficacy and problem-solving skills.



John F. Greden, M.D., FACPsych, Selected as Recipient of Award for Research in Mood Disorders

The Award for Research in Mood Disorders is given to an individual who has advanced the understanding and treatment of depression and bipolar disorder.

Dr. John F. Greden is the Rachel Upjohn

Professor of Psychiatry and Clinical Neurosciences in the Department of Psychiatry, Founder and Executive Director of the University of Michigan Depression Center from 2001-present, Founding Chair, National Network of Depression Centers (NNDC), and Research Professor in the Michigan Neurosciences Institute. He joined the faculty at the University of Michigan Medical School in 1974 and served as Chair of Michigan's Department of Psychiatry from 1985 to 2007 when he stepped down to focus on directing the Depression Center and developing the NNDC.

Dr. Greden has championed numerous investigations targeting improved care for individuals afflicted with depression, bipolar and other mood disorders. He has led efforts in the field to identify and study the factors and mechanisms that determine individual responsiveness to therapies. This includes discovery research to identify drug targets relevant to the treatment of mood disorders and other biomarker candidates that predict pharmacologic treatment responses. This research has coincided with the development of strategies to improve long-term treatment adherence in positive responders to promote life-long effectiveness and to help prevent recurrences. Access to mental healthcare for individuals with mood disorders has also been an area of concern to Dr. Greden, for which he has helped establish programs for vulnerable and under-represented populations of high need for mood disorder interventions. These include programs for veterans, people with substance and alcohol use disorders and developmental disabilities among others, with high emphasis on programs and strategies that address the stigma confronting those who seek treatment for mood disorders.

Because of the long recognition of the comorbid nature of mood disorders, Dr. Greden has also spearheaded efforts to create an interdisciplinary infrastructure that integrates multiple medical disciplines to establish relationships between mood disorders and associated comorbidities. This includes the development and dissemination of screening protocols and training to primary care professionals, who represent the frontline of mental health care for most patients in the healthcare system. Many of these research initiatives have been made possible by his ability to forge collaborations and partnerships beyond medical science to include the basic sciences and philanthropic communities.

As a committed supporter of trainees and young investigators, Dr. Greden has served as a mentor for more than a dozen NIH or Veterans Administration "K" awardees and young investigators, supporting trainees and researchers with pilot funding, presenting 10 keynote addresses for the American Psychiatric Association's "Psychiatry Young Investigators' Colloquium", and educating 10 former residents who have become department chairs in other Universities.

Dr. Greden has almost three decades of NIH funding as a principal investigator, co-investigator, or consultant, including serving as P.I. of several NIH Center grants. He has authored or co-authored more than 400 articles, presented approximately 335 invited lectures, edited five books, written 37 book chapters, refereed for 18 journals, served as Co-Editor-in-Chief of the Journal of Psychiatric Research for eight years, and as an editorial board member for 10 other journals. He also served as Co-Editor for a special issue of the American Psychiatric Association's FOCUS Journal that addressed neglected topics in mood disorders. He is currently a member of the Scientific Advisory Board of the Depression and Bipolar Support Alliance, served as President of three national scientific societies, and was Board President of the American Foundation for Suicide Prevention.

College Selects 2021 Laughlin Fellows:

Fellowship Program Honors Top Psychiatry Residents, Future Leaders

The American College of Psychiatrists has announced the 2021 recipients of its prestigious Laughlin Fellowship.

Named after College founder, Henry P. Laughlin, M.D., the Fellowship program was launched in 1976 to recognize outstanding accomplishments by psychiatry residents in the United States and Canada. Each year, The College selects 12 residents deemed most likely to make a significant future contribution to the field of psychiatry. The College provides a stipend for the Laughlin Fellows to attend The College's Annual Meeting and participate in all educational functions, allowing them to interact with College Members, as well as their peers in other residency programs.

Elizabeth Kieff, M.D., Chair of the Laughlin Fellowship Selection Committee said, "This is a truly inspiring group of Fellows who bring to the cohort a rich diversity of interests, background and life experiences. In these challenging times, we feel lucky to find inspiration from their efforts and energy in the early stages of their careers and are hopeful that the Laughlin Fellowship, and The College as a whole, can continue to support, nourish and engage them throughout what promises to be exceptional careers."

Following are the 2021 Laughlin Fellows:

Christian Bjerre Real, M.D., MMCI, is a psycho-oncology clinical and research fellow at Memorial Sloan Cancer Center in New York, New York.

Abigail Clark, M.D., Ph.D., is a third-year psychiatry resident at the University of California- San Diego.

Matthew L. Edwards, M.D., is a fourth-year and chief resident in psychiatry at Stanford University School of Medicine in Palo Alto, California.

Norah Essali, M.D., is a fifth-year addiction psychiatry fellow at the University of Washington in Seattle, Washington.

Trevor Griffen, M.D., Ph.D., is a first-year child and adolescent psychiatry fellow at Mount Sinai in New York, New York.

Joseph Guillory, M.D., is a fourth-year child and adolescent psychiatry fellow at the University of Texas Southwestern in Dallas, Texas.

Morgan Hardy, M.D., is a fourth-year and chief resident in psychiatry at the University of Texas Health San Antonio/San Antonio Uniformed Services Health Education Consortium in San Antonio, Texas.

Charles Masaki, M.D., Ph.D., is a fourth-year resident in psychiatry and the chief resident of psychiatric consultation service at the Massachusetts General Hospital/McLean Hospital in Boston, Massachusetts.

Ruth McCann, M.D., is a fourth-year and chief resident in psychiatry at Columbia University/New York Presbyterian/New York State Psychiatric Institute in New York, New York.

Elise S. Scott, M.D., is a fourth-year and chief resident in psychiatry at Vanderbilt University Medical Center in Nashville, Tennessee.

Hira Ayub Silat, MBBS., is a fourth-year psychiatry resident and the outpatient psychiatry chief resident at Duke University in Durham, North Carolina.

Sanya Virani, M.D, M.P.H., is a fifth-year addiction psychiatry fellow at Yale University in West Haven, Connecticut.

























College Names 2021 PRITE® and CHILD PRITE® Fellows

The American College of Psychiatrists has announced the selection of two psychiatry residents –Hussam Alsarraf, M.D., M.S., and Jeremy Chaikind, M.D., and two child psychiatry fellows – Michael Hernandez, M.D., and Jordanne King, M.D. – to serve as Fellows on its PRITE (Psychiatry Resident In-Training Examination®) Editorial Board.

Taken by nearly all psychiatry residents and fellows in the United States, both the PRITE and CHILD PRITE serve as an educational resource for psychiatry residents, fellows and training programs. The exams allow individual residents and fellows to compare their knowledge base and clinical skills to their peers and offers training directors an insight into the performance of their residents/fellows, enabling them to make their programs more effective.

In order to include the views of psychiatry residents and fellows who sit for the exam, The College selects residents and fellows from training programs throughout the United States and Canada to serve on the PRITE Editorial Board. "It's so valuable to have the perspective of psychiatry residents and fellows who take the exams and who can provide a different perspective on the educational process in the item writing process," said PRITE

Editor-in-Chief Arden D. Dingle. "The PRITE and CHILD PRITE Fellows are essential members of the team and make the exam stronger in so many ways." In addition to being invited to the Annual Meeting of The College, the PRITE and CHILD PRITE Fellows are required to attend two PRITE Editorial Board meetings during their Fellowship. PRITE and CHILD PRITE Fellows participate in the question writing process by developing an assigned number of questions and then editing and referencing exam items.

Following are the 2021 PRITE and CHILD PRITE Fellows:

- **Hussam Alsarraf, M.D., M.S.**, is a third-year psychiatry resident at Duke University (Durham, North Carolina) (PRITE)
- **Jeremy Chaikind, M.D.**, is a third-year psychiatry resident at Georgetown University (Washington, D.C.) (PRITE)
- Michael Hernandez, M.D., is a first-year child psychiatry fellow at University of South Florida (Tampa, Florida) (CHILD PRITE)
- **Jordanne King, M.D.**, is a first-year child psychiatry fellow at University of Florida (Gainesville, Florida) (CHILD PRITE)









The College Welcomes New Members, Fellows

At its October 23 meeting, the Board of Regents approved the admission of 38 New Members to The College and the elevation of nine Fellows.

Membership Committee Chair Ilisse Perlmutter said, "It's always a thrill to welcome our New Members and Fellows to The American College of Psychiatrists. Our New Members and Fellows are an extraordinarily gifted and diverse group of psychiatrists, in background, professional goals and achievements, and in their interests. We will, hopefully, all be together in Florida next year, where we will celebrate the induction of this wonderful group, along with the one to follow."

Elevated Fellows

Gregory P. Brown, M.D.

Las Vegas, NV

John W. Burruss, M.D.

Dallas, TX

Margaret Smith Chisolm, M.D.

Baltimore, MD

Ryan C.W. Hall, M.D.

Lake Mary, FL

Petros Levounis, M.D., M.A.

New York, NY

Beth J. Seelig, M.D.

New York, NY

Frederick J. Stoddard, M.D.

Cambridge, MA

Paul K. Switzer III, M.D., D.H.A.

Spartanburg, SC

Art Walaszek, M.D.

Madison, WI

New Members

Stewart L. Adelson, M.D.

New York, NY

Jorge R.C. Almeida, M.D., Ph.D.

Austin, TX

Jonathan E. Alpert, M.D., Ph.D.

Bronx, NY

Debra L. Atkisson, M.D.

Fort Worth, TX

John C. Bradley, M.D.

Brockton, MA

Kim Bullock, M.D.

Stanford, CA

Paul D. Carey, MBChB, Ph.D.

Vernon, BC

Gary A. Chaimowitz, MBChB, M.B.A.

Hamilton, ON

Michael J. Coffey, M.D.

Danville, PA

Samuel J. Collier, M.D.

Austin, TX

Takesha J. Cooper, M.D., M.S.

Riverside, CA

Kim-Lan Tran Czelusta, M.D.

Houston, TX

Ludmila B. De Faria, M.D.

Gainesville, FL

Antonio Y. Hardan, M.D.

Stanford, CA

Sheila C. Harms, M.D., Ph.D.

Hamilton, ON

Seth S. Himelhoch, M.D., M.P.H.

Lexington, KY

David S. Hong, M.D.

Stanford, CA

Luis C. Isaza, M.D.

Johnson City, TN

Bhanu Prakash Kolla, M.D.

Rochester, MN

Louis J. Kraus, M.D.

Chicago, IL

Charlotte O. Ladd, M.D., Ph.D.

Madison, WI

Ruth A. Lanius, M.D., Ph.D.

London, ON

Nicole A. Mavrides, M.D.

Miami, FL

Roger L. McRoberts III, M.D.

Austin, TX

Samantha E. Meltzer-Brody, M.D., M.P.H.

Chapel Hill, NC

Kenneth C. Nash, M.D., MMM

Pittsburgh, PA

Bina P. Patel, M.D.

Stanford, CA

William F. Pirl, M.D., M.P.H.

Boston, MA

Jane Ripperger-Suhler, M.D.

Austin, TX

David M. Roane, M.D.

New York, NY

Valerie C. Rosen, M.D.

Austin, TX

Christopher D. Schneck, M.D.

Aurora, CO

Christina L. Terrell, M.D.

Louisville, KY

Tony W. Thrasher, D.O.

Milwaukee, WI

Maria L. Tiamson-Kassab, M.D.

La Jolla, CA

Mark H. Townsend, M.D., SM

New Orleans, LA

Cynthia Turner-Graham, M.D.

Rockville, MD

Peter J. van Roessel, MPhil. Ph.D., M.D.

Stanford, CA

Sarah Y. Vinson, M.D.

Atlanta, GA

Ilse R. Wiechers, M.D., M.P.P., M.H.S.

Menlo Park, CA

Cheryl D. Wills, M.D.

Cleveland, OH



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