

# 2023 Recruitment Event Summary

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Please rate the following statements  
(1= Strongly Disagree, 7=Strongly Agree)

Field	Mean	Responses
I would attend this event again	6.43	14
My understanding of CAP (Child and Adolescent Psychiatry) changed from this event	5.92	13
The format of the panelists answering preset questions was effective	6.29	14
The format of breakout rooms for discussion was effective	6.54	13
I am satisfied overall with this event	6.43	14

## General Comments:

My interest lied more with the day to day aspect and examples of pathology/treatment than with the path that brought the panelists to CAP. It felt a lot like a recruitment drive which would have been more successful for me with concrete examples.

I thought the event itself was great! For next year it would be nice to hear from residents/staff from all provinces and territories if possible

Well organized and attended!

I appreciate how real the panalists were through sharing their raw journey, career path and life balance

Breakout rooms were great! Would be nice to rotate through/less rooms so can explore more perspectives as opposed to dropping in/out!

Would love to learn more about practice for transitional age (young adults to 25 yrs). Thank you so much for the great event!

## How did you hear about the event?

Via the email passed on to medical students at the U of A via UME.

Student association infoletter (RÉMUL)

Through the UofT Med Opportunities Commons page

Email list for medical students

U of A CAP program

Email!

Email advertising and speaking with residents interested in CAP!

Email

Facebook group

Email from my school.

Email from residency program

## What would you suggest to improve this event?

Nothing

More concrete examples of cases

Can't think of anything!

More people from different provinces

None

More encouragement of switching between rooms for variety, but then again staying in one room was beyond interesting!

## What was the most helpful or interesting part?

The panelists' individual perspectives, most of whom represented different areas of C&A Psych, were helpful in characterizing the full breadth of C&A Psychiatry.

Day-to-day activities and type of practice

hearing the experiences/background of the panel

Hearing what brought people to child and adolescent psychiatry

The panel

Variety of practice patterns

Getting to gain direct exposure to fellows, residents, and especially PDs who are offering mentorship and insight!

Break out rooms- application process and intro where panelists shared their experiences

Hearing about care experiences, journeys, unique considerations for profession/medical students considering field

I loved the breakout rooms to ask more detailed questions.

Breakout rooms

## Which speaker/regional area/area of expertise would you like to see represented in a future event?

I feel that all areas of C&A Psychiatry were well-represented.

Quebec

More Ontario schools (e.g., Mac, UofT, Ottawa)

Ontario

It may be helpful to include a child forensic psychiatrist in the future to diversify the panel.

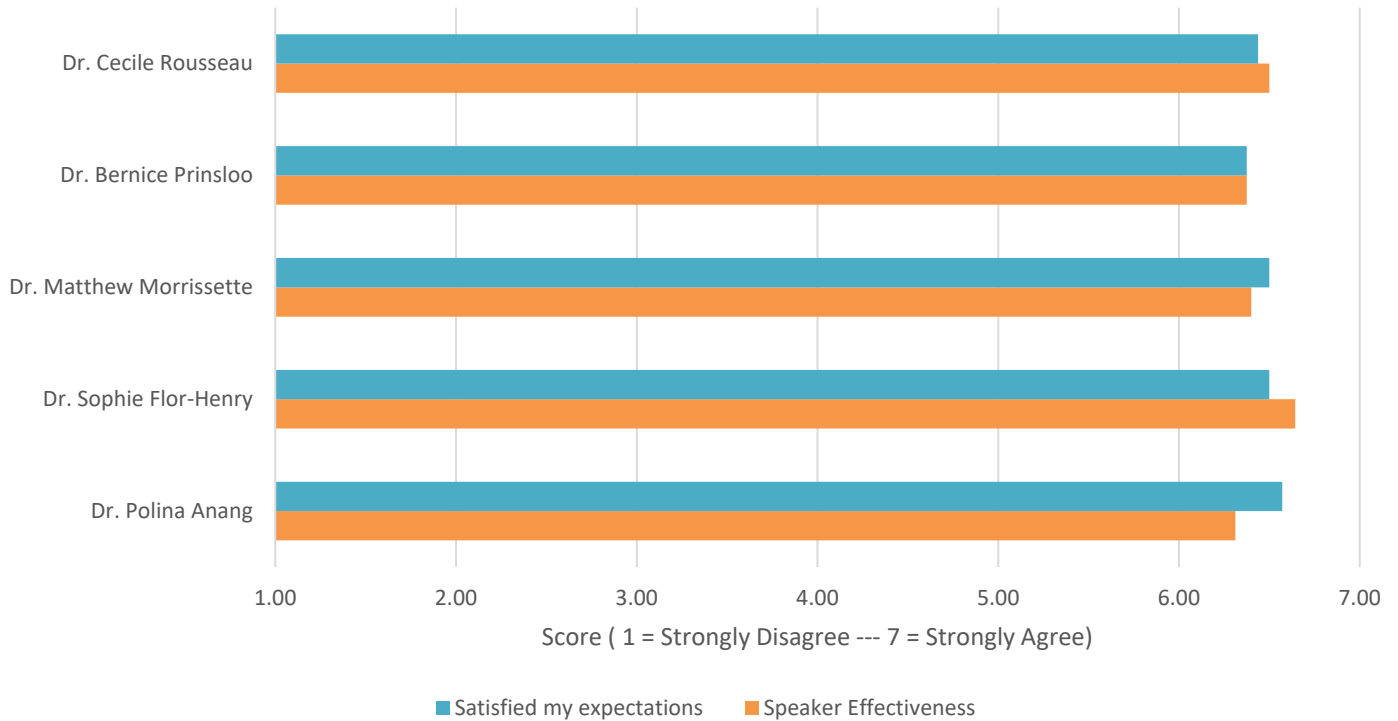
Global/refugee health especially with the influx of children from war torn countries

Inpatient/adolescent medicine and psychiatry

Transitional age (19-25)

Ontario/Ottawa

## Speaker Scores (Average)



## Individual Speaker Scores with Comments

### Dr. Polina Anang, University of Manitoba

Field	Mean	Responses
Speaker Effectiveness	6.31	15
Satisfied my expectations	6.57	13

### Comments about Dr. Polina Anang

Comments about Dr. Polina Anang

Appreciate the perspective about CL psychiatry and the day-to-day routine in her line of work.

Great comments in regards to her path to CAP.

## Dr. Sophie Flor-Henry, Yukon Territories

Field	Mean	Responses
Speaker Effectiveness	6.64	13
Satisfied my expectations	6.50	13

## Comments about Dr. Sophie Flor-Henry

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I really appreciated the rural connection and having representation of this option at a national level event

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## Dr. Matthew Morrissette, University of Alberta

Field	Mean	Responses
Speaker Effectiveness	6.40	14
Satisfied my expectations	6.50	13

## Comments about Dr. Matthew Morrissette

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Appreciated hearing about how he navigates work-life balance

Great openness and insights into CAP and having an academic/urgent/ED perspective.

## Dr. Bernice Prinsloo, University of Alberta

Field	Mean	Responses
Speaker Effectiveness	6.38	15
Satisfied my expectations	6.38	15

## Comments about Dr. Bernice Prinsloo

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I appreciated the IMG perspective given IMG representation within psychiatry and interest in CAP.

# Dr. Cecile Rousseau, McGill University

Field	Mean	Responses
Speaker Effectiveness	6.50	15
Satisfied my expectations	6.44	15

## Comments about Dr. Cecile Rousseau

Comments about Dr. Cecile Rousseau

It was nice to have various stages of practice and she offered some great wisdom regarding CAP

Thanks for talking about global mental health!