



# NEWS

The American College of Psychiatrists

SUMMER 2025

## From the President

Dear Colleagues,

It is an honor—and a bit surreal—to be writing to you as President of The American College of Psychiatrists. When I attended my very first Annual Meeting in Kona back in 2002 as a PRITE Fellow, I never imagined I'd one day be leading this remarkable organization. Since becoming a Member in 2010, my experience with The College has been one of the most professionally enriching and personally meaningful aspects of my career.

Also, let's be honest—this group knows how to pick meeting venues. Our 2025 Annual Meeting in Hawaii was truly exceptional. The program, put together by Cathy Crone, Past President George Keepers (who left big shoes to fill), and the tireless Scientific Program Committee, was outstanding. The topics were timely, the speakers were top-tier, and the stunning backdrop of Kauai made everything more enjoyable. Everything aligned for an engaging, inspiring, and overall wonderful meeting.

But as incredible as Kauai was, we're already looking ahead! I'm thrilled to share that the 2026 Annual Meeting will return to a familiar and beloved location: the Hyatt Regency Coconut Point in Bonita Springs, Florida. Mark your calendars for February 18-22, 2026—we're planning something special. I've been working closely with Scientific Program Committee Chair Bob Boland and the Committee to craft a program around the theme: "Common Ground: Building Bridges through Leadership."



Marcy Verduin

You can expect dynamic presentations from an impressive lineup, including:

- Mark A. Frye, MD, on the **neurobiology of thyroid metabolism in mood disorders**
- Matthew J. Campen, PhD, MSPH, on **environmental toxins and brain health**
- Philip R. Muskin, MD, on **complementary and alternative medicine in psychiatry**
- Jeanette Johnstone, Ph.D., M.A, MFT, on **micronutrients and ADHD**
- Annelle Primm, MD, MPH, on **cultural psychiatry**
- Carl Chan, MD, on **intergenerational relationships**
- Katherine G. Kennedy, MD, on **crafting your message for the public**
- Brett Forester, MD, on **successful aging**
- Larry Faulkner, MD, and Darrell Kirch, MD, on **leadership transitions**
- Richard Kogan, MD, with a delightful and informative presentation and performance

Our growing and engaged community is what makes The College such a special organization.

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## THE AMERICAN COLLEGE OF PSYCHIATRISTS

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### Officers 2025-2026

Marcy L. Verduin	President
Joan M. Anzia	President-Elect
Donna M. Norris	First Vice President
Carol A. Bernstein	Second Vice President
Barbara S. Schneidman	Secretary-General
Donna M. Sudak	Treasurer

### Board of Regents

George A. Keepers	Past-President
Eugene V. Beresin	Past-President
Larry R. Faulkner	Past-President
Iqbal "Ike" Ahmed	2024-2027
Catherine Chang Crone	2025-2028
Sandra M. DeJong	2025-2028
Jeffrey M. Lyness	2023-2026
Michele Reid	2024-2027
Cynthia W. Santos	2023-2026
Jack W. Bonner III	Archivist Historian

### Staff

Craig Samuels	Executive Director
Kathryn Delk	Assistant Executive Director
Nathan Zastrow	Manager, Continuing Medical Education
Angel Waszak	Office Manager

The American College of Psychiatrists *News* is an official Membership publication of The American College of Psychiatrists and is published three times annually. Please direct inquiries and submissions to Craig Samuels, Executive Director, [Craig@ACPsych.org](mailto:Craig@ACPsych.org).

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In an exciting update, our awards presentations—traditionally held on Saturday—will now be thoughtfully woven throughout the meeting. We believe this will allow for more meaningful celebration and reflection on the exceptional achievements of our Awardees.

Outside of the Annual Meeting, The College continues to thrive in its educational mission. Our PRITE and CHILD PRITE exams remain the gold standard for evaluating psychiatry residents. Nearly all U.S. residency programs and about half in Canada use these tools to assess both their trainees and their curricula. The PRITE Editorial Board convened in San Diego this July to build the 2026 exam—jointly with the PIPE Editorial Board, which finalized content for the 2026 PIPE exam. A friendly reminder: if you're in need of self-assessment CME, College Members receive a discount when purchasing PIPE, so make be sure to take advantage!

I'm also proud to share that Membership in The College remains strong and vibrant. At the Annual Meeting in Kauai, we had the joy of welcoming 27 new Members and elevating another 13 to Fellowship status. Our growing and engaged community is what makes The College such a special organization.

As I begin my term, I want to thank you for your trust and support. I'm ready and eager to enhance the experience of College Members, and I encourage you to reach out with ideas, feedback, or just to say hello.

Wishing you a relaxing and restorative rest of your summer—preferably somewhere with good company and amazing weather.

Warmly,

Marcy L. Verduin, M.D.

President, The American College of Psychiatrists

## From the Executive Director

This year marks my 10th anniversary as Executive Director of The American College of Psychiatrists and nearly 20 years since I became a member of the staff—a milestone that offers a moment to reflect with gratitude and pride. Over the past decade, I've had the privilege of working alongside an extraordinary group of Members, Fellows, and colleagues who embody the values and mission of The College. Together, we've navigated challenges, celebrated accomplishments, and continued to advance psychiatric education and leadership.

I'm also extremely lucky to have such an amazing staff who also have had a long tenure at the organization. Angel Waszak, our Office Manager, started the same day I did in February of 2006. In addition to keeping everything in the office running smoothly, she manages the Membership Committee and Laughlin Fellowship Selection Committee. In those roles, she is often people's main point of contact at The College and never fails to make our Members and Fellows feel valued and welcome.

Kathryn Delk, The College's Assistant Executive Director, has been at the organization since 2014. She is responsible for managing all things related to PRITE—from serving as a resource for the PRITE Editorial Board, to managing the residency programs that purchase PRITE and CHILD PRITE, to staffing the PRITE Fellowship Selection Committee. PRITE serves as the financial lifeblood of The College and a crucial tool for psychiatric training. Kathryn has helped usher PRITE into the digital age, with the final switch from paper to electronic administration scheduled for 2027.

Nathan Zastrow, our Manager of CME, began working at The College in 2015. Nathan staffs the Scientific Program Committee and is responsible for working with the Chair of that Committee and the President in shaping the content of the Annual Meeting. He also is the staff liaison to our various awards committees and helps them pick the mental health luminaries we honor each year. He has also worked closely with the PIPE Editorial Board and Commission to boost the success of that exam for practicing psychiatrists. Finally, Nathan is responsible for maintaining The College's CME accreditation from the ACCME. With his keen attention to detail, Nathan has successfully navigated CME reaccreditation two times since starting at The College and just submitted his third application in July.

I know I speak for the whole staff when I say we are deeply honored to be part of an organization so dedicated to excellence, integrity, and community, and we look forward to building on our shared success in the years ahead.



Craig Samuels  
Executive Director



Craig Samuels

## Important Dates and Deadlines 2025-2026

<b>September 24 - October 15</b>	PRITE Administration
<b>October 17</b>	Board of Regents Meeting (Chicago)
<b>December 1-7</b>	CHILD PRITE Administration
<b>January 5</b>	Deadline for nominations for the Child, Adolescent and Young Adult Award; Dean Award for Research in Schizophrenia; Award for Research in Geriatric Psychiatry; and Award for Research in Mood Disorders
<b>February 18-22</b>	Annual Meeting (Naples, Florida)

# THE COLLEGE SELECTS NEW BOARD MEMBERS, OFFICERS

Following the 2025 Annual Meeting in Kauai, Hawaii, The College appointed new Members of its Board of Regents and selected Board Officers. Members of the Board of Regents provide strategic leadership and oversight for the programs and future direction of The College.



**Marcy L. Verduin, M.D.:** Marcy Verduin has been elected President of The College. Dr. Verduin is the Associate Dean for Students and a tenured Professor of Psychiatry at the University of Central Florida College of Medicine. She just completed her term as the National Chair for the Association of American Medical College's Group on Student Affairs. She is a Past

President of the AAP, served as a member of the ACGME Addiction Psychiatry Milestones 2.0 Work Group, and was Vice Chair of ABPN's Article-Based Continuing Certification Committee. She currently serves as a co-editor of the popular Kaplan & Sadock series of psychiatry textbooks. Dr. Verduin graduated from the University of Florida College of Medicine and completed her residency training and addiction psychiatry fellowship at the Medical University of South Carolina.



**Joan M. Anzia, M.D.:** Joan Anzia assumed the role of President-Elect of The College. Dr. Anzia is Professor Emeritus of Psychiatry and Behavioral Sciences at the Feinberg School of Medicine/Northwestern University and the former Vice Chair of Education for the Department of Psychiatry and the Physician Health Liaison/Wellness Officer for Northwestern Memorial

Hospital and Lurie Children's Hospital, as well as the former Psychiatry Residency Program Director for the Department. Dr. Anzia recently completed a six-year term on the ACGME Psychiatry Residency Review Committee. She is also the past Chair of the Board of the American Board of Psychiatry and Neurology. She is currently a Director for the American Board of Family Medicine. Dr. Anzia is a graduate of Stanford University and the Stritch School of Medicine at Loyola University.



**Donna M. Norris, M.D.:** Donna Norris is now First Vice President of The College. Dr. Norris practices child, adolescent, family and forensic psychiatry in Wellesley, Massachusetts. She is a member of the faculty of Harvard Medical School and also serves as the Director of Initiatives in Diversity, Equity & Inclusion in the Department of Psychiatry at Beth Israel

Deaconess Medical Center. Dr. Norris is currently Deputy Editor, American Psychiatric Publishing and a Distinguished Fellow of the American Psychiatric Association (APA). She served as that organization's first woman and first African American Speaker of the APA Assembly. Additional leadership roles include serving on the Massachusetts Board of Registration in Medicine, Director Emeritus of COVERYS, a medical liability insurance company, and past president of Massachusetts Psychiatric Society, and former faculty at Boston Children's Hospital Medical Center for over 30 years. Dr. Norris obtained her BA at Fisk University and her medical education at Ohio State University College of Medicine. She trained in adult psychiatry at Boston University and in child psychiatry at the Judge Baker Guidance Center/Boston Children's Hospital, Harvard Medical School.



**Carol A. Bernstein, M.D.:** Carol Bernstein was elected Second Vice President of The College. Dr. Bernstein is Professor and Vice Chair for Faculty Development and Wellbeing in the Department of Psychiatry and Behavioral Science at the Montefiore Medical Center /Albert Einstein College of Medicine. She is also a Senior Scholar in the Department of Education

and Organizational Development for ACGME. She is a member of the Action Collaborative on Clinician Wellbeing and Resilience of the National Academy of Medicine and has presented at more than 80 conferences and meetings. Dr. Bernstein completed medical school at the Columbia University College of Physicians and Surgeons, and her psychiatric residency training at Columbia University and the New York State Psychiatric Institute.





Donna M. Sudak

**Donna M. Sudak, M.D.:** Donna Sudak has been elected Treasurer of The College. Dr. Sudak is Professor and Vice Chair for Education in the Department of Psychiatry at Drexel University, and Director of Residency and Psychotherapy Training at Tower Health-Phoenixville Hospital. In addition to her teaching responsibilities at Drexel and Tower Health, Dr. Sudak

is an adjunct faculty member at the Beck Institute. Dr. Sudak is the chair of the Review Committee for Psychiatry at the ACGME, Past President of The Academy of Cognitive Therapy, and has held multiple leadership roles in the American Association of Directors of Psychiatric Residency Training, including President. She received her medical training at the Medical College of Pennsylvania and completed her residency at the University of Washington, where she served as Chief Resident.



Catherine Chang Crone

**Catherine Chang Crone, M.D.:** Catherine Crone has begun a three-year term on The College's Board of Regents. She is a Team Psychiatry Lead at Lyra Health, a telemental health company where she consults with primary care physicians via a novel collaborative care approach. Prior to this, she was at Inova Fairfax Hospital in Falls Church, Virginia, where she

was Vice Chair of Education, CL Psychiatry Fellowship Director for the Inova/George Washington University Program, Director of Hospital Consult Services, then Medical Director for Inova's Women's Behavioral Health Program. She serves on the ACGME Residency Review Committee, APA Scientific Program Committee, is Vice Chair of the ABPN's Article Based Continuing Certification Team for CL Psychiatry, as well as Chair of Workgroup 2 for APA's Clinical Practice Guidelines. She is past President of the Academy of Consultation-Liaison Psychiatry (ACLP). She attended Jefferson Medical College (aka Sidney Kimmel Medical College at TJU), completed residency training at the University of Chicago, and fellowship training at Georgetown University/ Inova Fairfax Hospital.



Sandra M. DeJong

**Sandra M. DeJong, M.D.:** Sandra DeJong has joined The College's Board of Regents for a three-year term. Since 2004, she has worked as a clinician-educator at Cambridge Health Alliance, where she served as Child/Adolescent Psychiatry Training Director and interim Division Chief, and is currently the Senior Consultant in psychiatry. She is also Associate Professor at Harvard

Medical School. She is Past President of the American Association of Directors of Psychiatry Residency Training (AADPRT), past editor of the Child Psychiatry Residency In-Training Examination (CHILD PRITE), past Chair of the PRITE Commission; and past member of ACGME's Child Psychiatry and General Psychiatry Milestones workgroups. She is currently a Director of the American Board of Psychiatry and Neurology, a member of the ACGME Residency Review Committee, and a lead child psychiatrist on a Manton Family Foundation Grant to promote youth mental health in undergraduate medical education. Dr. DeJong went to medical school and completed her general residency training at the University of Massachusetts Medical School in Worcester, Massachusetts, followed by a child/adolescent psychiatry fellowship at MGH/McLean in Boston.

## *Eligible for Emeritus Status?*

If you are over 70 or fully retired, you are eligible for Emeritus status in The College. As an Emeritus Member or Emeritus Fellow, you are no longer obligated to attend one of every three Annual Meetings or pay Active Member dues of \$420 (although we do suggest making a voluntary dues contribution of \$75).

Although Emeritus Members and Fellows may vote on all matters coming before the membership and serve on committees, they are not eligible to hold elective office or serve as a committee chairperson.

If you would like to be considered for Emeritus status, please contact Angel Waszak, [angel@acpsych.org](mailto:angel@acpsych.org).

# 2025 ANNUAL MEETING





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## Future College Annual Meetings

### **2026: Naples**

Annual Meeting: February 18-22

Hyatt Regency Coconut Point

Bonita Springs, Florida

### **2027: San Diego**

Annual Meeting: February 17-21

Park Hyatt Aviara Resort & Spa

Carlsbad, California



# 2025 ANNUAL MEETING



Jay H. Shore, Chair, Awards Committee, presents the 2025 Bowis Award to Elizabeth F. Kieff.



Jay H. Shore, Chair, Awards Committee, presents the 2025 Distinguished Service Award to Maria A. Oquendo.



Vanessa L. Padilla, a Member of the Education Award Committee, presents the 2025 award to Aviva Olsavsky and Elizabeth Fenstermacher, accepting on behalf of the University of Colorado's "New Brain, New Baby, New Connections" Program.



Mark H. Rapaport, Chair of the Dean Award Committee, presents the 2025 award to Lynn DeLisi.



Ryan C.W. Hall, Chair of the Committee on the Award for Research in Geriatric Psychiatry, presents the 2025 award to Benoit H. Mulsant.



Gene Beresin, a Member of the Leadership in Child, Adolescent and Young Adult Psychiatry Award Committee, presents the 2025 award to Vincenzo Di Nicola.



Vincenzo Di Nicola, a Member of the Honorary Fellowship Committee, presents the award to Kamaldeep Bhui.



# 2025 ANNUAL MEETING



Past Presidents' Reception: Front Row: Gail Erlick Robinson, Larry R. Faulkner, Barbara S. Schneidman, George A. Keepers, Laura Roberts, John M. Oldham. Back Row: Jack W. Bonner III, James H. Scully, Craig Samuels, Eugene V. Beresin, Charles F. Reynolds III.



Incoming President, Marcy L. Verduin, presents the Presidential Certificate to President George A. Keepers.



# 2026 Annual Meeting Program

## *Common Ground: Building Bridges through Leadership*

### Target Audience

This program is intended for Members of The American College of Psychiatrists, present and former Laughlin and PRITE Fellows, and invited guests.

### Accreditation Statement

The American College of Psychiatrists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation Statement

The American College of Psychiatrists designates this live educational activity for a maximum of *15.25 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## **WEDNESDAY, FEBRUARY 18, 2026**

### PLENARY SESSION 1: The Influence Track: Leading with Purpose and Connection

**8:00 am – 8:10 am.**  
**Welcome from President and  
Program Chair**

**8:10 am – 8:50 am**  
**How to Build Bridges**

*Deborah C. German, MD (University of Central  
Florida College of Medicine)*

**8:50 am – 9:30 am**  
**Crafting Your Message for the Public**  
*Katherine G. Kennedy, MD (Yale University)*

**9:30 am – 10:00 am**  
**Break/Poster Session**

**10:00 pm – 10:45 pm**  
**Panel: Leadership – Lessons Learned**  
*Larry R. Faulkner, MD*  
*Darrell G. Kirch, MD*

### AWARD PLENARY SESSION

**10:45 am – 11:15 am**  
**Child & Adolescent Psychiatry Award  
Lecture**

**11:15 am – 11:45 am**  
**Geriatric Research Award Lecture**

**11:45 pm – 1:00 pm**  
**Poster session and box lunch**

### PLENARY SESSION II: Mind & Molecule: Nutritional Neuroscience and Hormonal Health

**1:00pm - 1:45pm**  
**Micronutrients and ADHD**

*Jeanette Johnstone, PhD., LMFT (Oregon Health  
& Science University)*

**1:45 pm – 2:30 pm**  
**Complementary and Alternative  
Medicine in Psychiatry**

*Philip R. Muskin, MD, MA (Columbia University  
Irving Medical Center)*

**2:30 pm – 3:00 pm**  
**Break**

**3:00 pm – 3:45 pm**  
**The Neurobiology of Thyroid Metabolism  
in Mood Disorders**

*Mark A. Frye, MD (Mayo Clinic)*



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## AWARD PLENARY SESSION

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**3:45 pm – 4:15 pm**  
**Honorary Fellowship Award Lecture**

**4:15 – 4:30**  
*Break*

**4:30 pm – 6:00 pm**  
**Richard Kogan Piano Performance**

**6:30 pm – 9:30 pm**  
*Welcome Dinner*

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## THURSDAY, FEBRUARY 19, 2026

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**7:30 am – 8:30 am**  
*Breakfast with the Experts*

**8:30 am – 9:00 am**  
**Recognition of Laughlin and PRITE Fellows**

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PLENARY SESSION III: The Bigger Picture:  
Culture, the Environment, and Aging

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**9:00 am – 9:45 am**  
**Successful Aging**  
*Brent Forester, MD, MSc (Tufts University School of Medicine)*

**9:45 am – 10:30 am**  
**Environmental Toxins and Cardiovascular Health**  
*Matthew J. Campen, PhD, MSPH (University of New Mexico Health Sciences Center)*

**10:30 am – 11:00 am**  
*Break*

**11:00 – 12:15**  
**Concurrent Sessions – To Be Announced**

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## FRIDAY, FEBRUARY 20, 2026

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**8:00 am – 9:00 am**  
*Breakfast with the Experts*

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## AWARD SESSION

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**9:00 am – 9:30 am**  
**2025 Mood Disorders Award Lecture**

**9:30 am – 10:00 am**  
**2026 Mood Disorders Award Lecture**

**10:00 am – 10:30 am**  
**Dean Award Lecture**

**10:30 am – 11:00 am**  
*Break*

**11:00 am – 12:15 pm**  
**Concurrent Sessions – To Be Announced**

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## SATURDAY, FEBRUARY 21, 2026

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**8:30 am – 9:00 am**  
**Award Presentations:**  
Bowis Award  
Distinguished Service Award  
Award for Creativity in Psychiatric Education

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PLENARY SESSION III (CONTINUED):  
The Bigger Picture: Culture, the Environment,  
and Aging

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**9:00 am – 9:45 am**  
**Cultural Psychiatry**  
*Annelle B. Primm, MD, MPH (The Steve Fund)*

**9:45 am – 10:30 am**  
**Intergenerational Relationships**  
*Carlyle H. Chan, MD (Medical College of Wisconsin)*



THE AMERICAN COLLEGE  
OF PSYCHIATRISTS

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Chicago, IL 60601

## Change of Address Form

Name:

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MI

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Suffix (Jr, III)

Degrees

**Previous Address:** ☐ business or ☐ residence

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**New Address:** ☐ business or ☐ residence

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**New Telephone Number/E-mail:**

Business:

Fax:

Residence:

E-mail:

Membership Status: ☐ Active ☐ Emeritus

Membership Category:

☐ Charter Fellow ☐ Founding Fellow ☐ Fellow ☐ Member ☐ Honorary Fellow

☐ Other: \_\_\_\_\_

☐ Former Awardee ☐ Former Laughlin Fellow Year: \_\_\_\_\_ ☐ Former PRITE/CHILD Fellow Year: \_\_\_\_\_

**Please fill out entire form and mail, fax or e-mail to:**

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