

# CAP off your training!

**DATE:** Thursday, April 7, 2022  
**TIME:** 1800–1930 ET  
**WHERE:** Zoom



A national child and adolescent psychiatry recruitment event!

Join us for a **live panel discussion** featuring child and adolescent psychiatrists from across the country, followed by the opportunity to speak informally to the panelists in **break out rooms**.

## DR. MITESH PATEL



Dr. Patel is dually qualified in Child & Adolescent Psychiatry as well as Forensic Psychiatry with affiliations with the division of Forensic Psychiatry, Department of Psychiatry, University of Toronto and Centre for Addiction and Mental Health.

Psychiatric areas of interest include youth forensic psychiatry, child and adolescent development, neurosciences and epidemiology related to youth raised in at-risk environments.

Dr. Patel is an Education Scholar with a focus on medical education in the areas of advocacy and psychiatric training. His clinical focus in the areas of criminal responsibility, fitness and risk assessments for youth and young adults.

Dr. Nicolson is an Associate Professor in the Department of Psychiatry and Chair of the Developmental Disabilities Program at Western University. Dr. Nicolson completed medical school at Western University before moving to The University of Toronto to do his residency in psychiatry. He worked as a visiting scientist in the Child Psychiatry Branch of the National Institute of Mental Health in the United States before returning to London..

Dr. Nicolson is a child psychiatrist whose practice and research are largely devoted to children and adolescents with Autism Spectrum Disorder and Intellectual Disability. He is a psychiatrist in the Neurodevelopmental Disorders Program at Children's Hospital at London Health Sciences Centre and in the Autism Spectrum Disorder program at the Child and Parent Resource Institute (CPRI) in London.



## DR. ROB NICOLSON

## DR. KHRISTA BOYLAN



Dr. Boylan is a CAP and Associate Professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University with joint appointments in the Departments of Pediatrics, Neuroscience, Psychology and Health Evidence and Impact. She is a core member of the Offord Centre for Child Studies and Medical Director of Ambulatory Mental Health Services at McMaster Children's Hospital. She has an integrated research and clinical practice where she studies emotion regulation in adolescents who engage in self harm and recurrent suicide attempts. She also studies interventions for adolescents and families including caregiver psychoeducation about self harm, BPD psychoeducation and brief post ED discharge interventions to prevent re-hospitalization.

Dr. Goulard is a community based child and adolescent psychiatrist practising in Gatineau, Quebec. She opened her own clinic 3 years ago with 2 colleagues that she had supervised during their residency training in child and adolescent psychiatry. Prior to the opening of her clinic, she had worked for over 20 years in hospital settings in Ottawa and Gatineau as an assistant professor in psychiatry at McGill and Ottawa University. Her areas of expertise are in adolescent personality disorders, adolescent inpatient psychiatry and group therapy for adolescents with mood regulation problems. When she is not running her business or seeing patients, she enjoys spending time with her 4 children and her two Bengal cats.



## DR. GINETTE GOULARD

## DR. CELIA ROBICHAUD



Dr. Robichaud (she/her) is a Child and Adolescent Psychiatrist at the IWK in Halifax NS. She completed her general Psychiatry and Child and Adolescent Psychiatry residencies at Dalhousie University. Currently, Dr. Robichaud works in general community outpatient clinics, as well as specialty clinics in Autism and TransHealth. When she's not working, she can be found hanging out with her toddler, dog and two cats.

Open to all psychiatry residents in Canadian residency training programs!

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Dr. Gandham is a PGY6 Resident in Child and Adolescent Psychiatry at UBC. She completed her general psychiatry training at the University of Toronto. Her areas of interest include mood and anxiety as well as acute care psychiatry.

## DR. NATASHA GANDHAM